THE MISSION OF THE INTERNATIONAL ESSENTIAL TREMOR FOUNDATION (IETF) IS TO PROVIDE GLOBAL EDUCATIONAL INFORMATION, SERVICES AND SUPPORT TO CHILDREN AND ADULTS CHALLENGED BY ESSENTIAL TREMOR (ET), TO THEIR FAMILIES AND HEALTH CARE PROVIDERS, AS WELL AS TO PROMOTE AND FUND ET RESEARCH.
| CONTENTS |
|--------------------------|---|
| Programs                 | 5 |
| Scholarship | Volunteers | Patient Education | Healthcare Provider Education |
| Communications          | 8 |
| Electronic Communications | Website | Social Media | Mass Communications | Tremor Talk |
| Awareness               | 12 |
| National Essential Tremor Awareness Month | Washington Report |
| Research                | 15 |
| Campaign | Research Grants |
| Contributions           | 16 |
| Financials | Legacy Society | President’s Club |
| Support                | 22 |
| Support Groups         |     |
WORKING TOGETHER, WE CAN COMBINE OUR EFFORTS FOR A UNIFIED VOICE FOR THE ET COMMUNITY.

I want to start by thanking Cathy Rice for her years of hard work and service to the International Essential Tremor Foundation (IETF) and the ET community. Cathy retired from the IETF in September 2015 after 18 years as executive director. She established the IETF as the most accurate, up-to-date, and reliable source of information for essential tremor.

The next thank you must go to our loyal donors, support group leaders, and volunteers for their support and generosity. We could not do what we do, including raising awareness, providing educational materials and events, scholarships to students affected by ET, and awarding more than $1 million in research grants since 2002, without your donations of time, talent, and treasure.

I also want to thank our staff Carol, Rebecca, and Tara who made my transition as executive director much smoother, and their dedication to making the IETF bigger and better each day is appreciated. We are sad to announce after eight years of service Carol Rucker is retiring. Carol is usually the first voice you hear when you call the IETF. She also managed our database and financials. Carol will be missed.

And of course I want to thank our Board of Directors and Medical Advisory Board who are committed to the mission of the IETF and guarantee we meet our financial and research commitments along with the ethical and moral responsibilities for everyone with ET. A special thanks also goes to Tom Bruderle, our liaison in Washington D.C., who works to keep ET awareness in front of the members of Congress.

The IETF continues to try to improve the way we deliver our messages. This year we started our first teleconference series with more than 500 reservations for each call. We plan on continuing this series on a quarterly basis. We have also created regional ET Education Forums holding our first one in Overland Park, KS (home of the IETF) along with another one scheduled in September in Denver. We hope you can attend one of these events when we come to your town.

We are also working hard to strengthen current partnerships and build new ones with a variety of companies, associations, and other non-profits who focus their efforts on promoting ET education, awareness, and research. Working together, we can combine our efforts for a unified voice for the ET community.

So as we begin our new fiscal year we will continue our commitment to work for you on raising ET awareness, providing the most up to date information through Tremor Gram, Tremor Talk, and our social media channels, and fund research to find the cause and hopefully, someday, a cure for ET. Thank you again for your support of the IETF. You are our best advocates and we hope you continue to spread the word about essential tremor and the IETF.

Sincerely,

Patrick McCartney
Executive Director
PROGRAMS

SCHOLARSHIPS

The IETF strives to meet the needs of individuals living with ET by helping students affected move their lives forward. Each semester, the IETF awards $500 scholarships to qualified post-high school students. Congratulations to the Fall 2015 and Spring 2016 scholarship recipients.

Living with the daily challenges of essential tremor can be tough enough on its own. Living with ET while balancing a heavy course load and managing the financial burden of a higher education can seem unbearable.

The IETF’s scholarship program is dedicated to making sure ET does not stand in the way of an education. Each semester, the IETF awards $500 scholarships to highly qualified students who have been diagnosed with ET and helps achieve their dreams of going to college.

Fall 2015
The IETF was pleased to award the following four students who are affected by essential tremor with $500 scholarships for the fall 2015 semester:

- **Tyler Criswell**
  Altoona, AL
- **Karissa Hartzell**
  Andover, OH
- **Katie Merrill**
  Arvada, CO
- **Hannah Spence**
  Colchester, VT

Spring 2016
The IETF was pleased to award the following four students who are affected by essential tremor with $500 scholarships for the spring 2016 semester:

- **Selena Ramic**
  Paris, France
- **Bradley Shields**
  Little Rock, AR
- **Samantha Trussoni**
  Lacrosse, WI
- **Nicholas Wintersteiger**
  Charlottesville, VA

IETF scholarships are awarded to qualified students of all ages who have been diagnosed with ET. The scholarship can be used for supplies, books or tuition at licensed, accredited institutions of higher education (including trade schools) and are paid directly to the educational institution.

For more information about the IETF scholarship program, please visit [www.essentialtremor.org/about-the-i etf/scholarships](http://www.essentialtremor.org/about-the-i etf/scholarships).
Patient Education
One of the key factors to the IETF mission begins with education. By facilitating free, educational seminars for essential tremor patients, families, healthcare providers and the general public, the IETF provides well-rounded information and bring greater awareness to this life-altering condition throughout the nation.

This past fiscal year, the IETF hosted seven seminars in the following cities:

- St. Paul, MN
- Tyler, TX
- Boston, MA
- Concord, NH
- Lexington, KY
- Memphis, TN
- Overland Park, KS

These seminars cover topics including the diagnostic process, treatment options, current research, coping tips and occupational therapy options.

The IETF teams with world-renowned movement disorders specialists to provide ET patients an incredible educational experience through presentations and Q&A discussions.

These seminars are just one way the IETF works to create greater awareness, fund critical, ground-breaking scientific research and offer support to those affected by this life-altering condition.
Teleconference
To build on the educational seminar series but to make the efforts more cost effective, the IETF wanted to reach an even wider audience including those without easy access to computers. In March 2016, the first ever essential tremor educational teleconference was launched.

The one-hour call featured presentations by doctors on the diagnostic process and treatment options. Participants simply called in to the number provided and heard experts discuss the latest news on ET from the comfort of their home. No computer was needed. Due to the overwhelming positive response, several more teleconferences will be available in the future.

Healthcare Provider Education
To increase awareness of the needs of ET patients and to provide greater access to resources for healthcare professionals, the IETF attends several healthcare provider conferences around the nation.

At the following conferences, the IETF distributed educational materials to thousands healthcare providers to further global understanding of ET:

- American Academy of Neurology
  Washington, DC
- Movement Disorder Society
  San Diego, CA
- Geriatric Advance Practice Nurses Association
  San Antonio, TX

Volunteers
Part of the IETF mission is to provide support to those affected by essential tremor. The IETF is very proud of the 72 support group leader volunteers who gave nearly 8,000 hours of service in support of their local ET communities.

In FY2016, support group leader volunteers represented 31 states, one U.S. territory, and four countries by holding support group meetings for those affected, educating healthcare providers about the resources the IETF has available, and representing the foundation at local events and health fairs. The estimated value of their combined efforts was $166,659.

“Two years ago I found the IETF. I was so impressed by the organization that I became a support group leader. The IETF is a wonderful organization that provides coping skills and valuable information to so many. I’ve met so many people, like me, through the IETF and I’m proud to be a part of such a wonderful organization.”

- Joan
The IETF touches many people worldwide thanks to the advancements in technology and communications. Through an interactive and user-friendly website, informative and frequent e-mails, and a strong social media presence, the IETF reaches thousands across the globe.

Electronic communications not only allow us to reach more people than ever before, they allow us to make meaningful connections at a fraction of the cost of postal mailings. The IETF connects people together on several social media sites to help raise awareness among the general public and to provide additional communication avenues and support for those affected. Follow the IETF’s latest information at the following places above.
Communications

Website/Social Media

**Website**

With information from webinars on diagnosis process and treatment options, to support groups and personal stories, essentialtremor.org remains one of the best tools for making essential tremor information available to people around the world. It is the community’s one-stop-shop for accurate and timely information.

Website traffic was up 29% in FY 2015. More than 77% of visitors were new. Most visitors were looking for general information about what essential tremor is, what medications are currently available to treat it, and what assistive devices might be helpful.

Because of our top-notch SEO (search engine optimization), 66% of the people who found our website found it via “search”. The IETF continues to receive first-page rankings, often appearing before such organizations as NIH and Mayo Clinic.

**Social Media**

The IETF has created a widely successful social community where people living with ET and their family members can join together to share common feelings, challenges, and support for one another in a safe and private environment.

Through the IETF Facebook page and awareness group, Twitter, Google+, and YouTube, visitors can interact with one another as we help raise awareness among the general public and provide additional communication avenues.

- The IETF’s official Facebook page and awareness group, Twitter, Google+, and YouTube, visitors can interact with one another as we help raise awareness among the general public and provide additional communication avenues.
- The IETF’s official Facebook page increased 22% which brought the total to 9,044 connections made through Facebook. The average reach for one of our posts was 1,976.
- The IETF also facilitates a Facebook support group called the “Essential Tremor Awareness Group”. With more than 4,150 members, this “closed” group serves as an active support system offering privacy and interaction for users to share with one another.
- Twitter grew to over 1,106 followers, which is a 23% increase over last year. The IETF tweets made more than 166,043 total impressions, which was an increase of 133% over last year.
- 516 people have subscribed to the IETF’s YouTube channel, which is an increase of 42.5%. The channel has more than 183,467 views, which again is an increase of 46.7% from last year.

**Social Media Use**

<table>
<thead>
<tr>
<th>Social Media</th>
<th>Page Views</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facebook</td>
<td>9,044</td>
</tr>
<tr>
<td>Facebook Group</td>
<td>4,150</td>
</tr>
<tr>
<td>Twitter</td>
<td>1,106</td>
</tr>
<tr>
<td>YouTube</td>
<td>516</td>
</tr>
</tbody>
</table>

**How Time Was Spent on Website**

- Assistive Devices Page: 4.7K
- About ET Page: 4.3K
- Treatments Page: 2.8K
- Seminars Page: 1.7K
TREMOR GRAM

TREMOR GRAM

News from the IETF

Tremor Gram

Each month the IETF sends out Tremor Gram, our free, electronic newsletter, to more than 21,000 people. Sending informative e-mails on a regular basis helps increase participation in IETF events, assists in recruiting for ET-related research studies, drives additional traffic to the website, and builds loyalty among donors. The IETF e-mails have an average open rate of 34%, which is higher than the industry standard. For non-profits, the average open rate is 21.9%. Click-through rates are determined by the number of people who actually click on a link within an e-mail. IETF click-through rates are consistently over 7%.

Press Release Distribution

To reach beyond our circle of constituents and contacts, the IETF sends press releases through a wire service to not only inform the general public about IETF activities, but to create greater awareness throughout the nation. To publicize scholarships, research updates, education events, and other important organization updates, the IETF sent out 19 press releases to news outlets.

The press releases are distributed to media contacts where they are delivered to several other media sources through their networks. The total pickups refer to the amount of sources that post the release through their networks, extending our audience for maximum exposure.

MultiView Advertising

New this year, the IETF launched an advertising campaign through MultiView to expand even a greater reach and to connect with more people wanting to learn more about ET. Just from February to March, we made a total of 230,641 impressions. Not only did we increase our reach, we gained more knowledge about our audiences’ behaviors by learning key words they use to search for us and through which specific distribution channels. This information will allow us to tailor our website to fit the needs of our prospective audiences.

288 Total E-mails Sent

34.17% Open Rate

7.27% Click-Through Rate

PR E-mail Count - 5,137
PR Media Contact Count - 5,445
PR Media Deliveries - 32,495
PR Total Pickups - 3,256
Published three times a year, Tremor Talk is the IETF’s 32-page, full-color, professional publication all about essential tremor. The magazine features articles written by both healthcare professionals and IETF staff on a variety of ET-related topics: personal stories about people who have ET illustrate the challenges of living with essential tremor and the unique ways real people are able to conquer those challenges; medical articles are authored by some of the top minds in the movement disorders field and are written in common place language so anyone can understand; and research articles offer a glimpse of what scientists are working on today and what might be obtainable in the future. Tremor Talk is a member publication and is mailed only to IETF annual donors.

May 2015
Our May issue introduced us to Andy Lamont and his struggles to become a top professional bodybuilder. The article focused on his perseverance and dedication to a sport he loves in the face of many challenges, including ET. This issue also covered deep brain stimulation (DBS) as a treatment option for vocal tremor and highlighted ET awareness month activities around the country.

September 2015
Joyce Urban graced the cover of the September issue. Joyce is a fun-loving farmer, soap-maker, and bee keeper extraordinaire. After finding her clerical position too much for her tremor, she turned her hobby into a full-time career. She reminds us if we put our minds to something, all things are possible. This issue also introduced three new research projects funded by the IETF, pushing the total amount of research grants issued by the IETF near the $1 million mark. Other articles included a “how to” guide on managing liquids with tremor, a review of Occupational Therapy for ET, and an update on the status of the Foundation.

January 2016
Many people with essential tremor also suffer with anxiety. In this issue, Megan Hartley shares her personal struggle to overcome anxiety brought on by her essential tremor. It’s a story about being true to yourself … and finding a good therapist. This issue also explores how to relieve stress through coloring (not just for kids anymore!), the differences between cervical dystonia and head tremor, and an overview of the surgical options currently available.

Past issues of Tremor Talk are available at www.essentialtremor.org/about-et/publications-library.
This March, people across the nation made a commitment to raise ET awareness in their communities for National ET Awareness Month (NETA). On behalf of the International Essential Tremor Foundation Board of Directors and staff, we thank everyone who took part in awareness month activities. From hosting awareness walks to teaming up with media for local news coverage, our people truly made an impact on communities all over the country.

Savannah, GA NETA Walk
Support Group leader Nancy Bowden, friends and family, joined together in Savannah, GA to host an awareness walk at the Oglethorpe Mall. Support group members provided water and bananas for walkers and shared essential tremor information to general shoppers walking by their table.

Chicago, IL NETA Walk
Members of three Chicagoland support groups rallied for awareness for a Shake, Rattle & Walk for Essential Tremor, at Rush-Copley Healthplex in Aurora, IL. Support Group leader Lynn Bernau and 30+ people of all ages, from all walks of life, came together to increase awareness and raise funds for essential tremor. Everyone had a great time interacting with people living through the same daily challenges.

Grand Rapids, MN NETA Walk
Allison Dyke, the young beauty pageant contestant featured in a past issue of Tremor Talk, and her mother Julie, organized their second NETA walk at the local YMCA in Grand Rapids, MN. With more than 50 participants, walkers raised $370, and the event brought in a $500 scholarship from a Spectrum Health.

“‘This year, our walk participants had the opportunity to test out assistive devices, products and tools that help make life easier for people living with ET,” Julie explained. “The Try It Before You Buy It booth featured a Liftware spoon, S’up Spoon, Magna Shirt, Poppin Pen, and KapTap. Many of the manufacturers donated the items on display and were then given away to attendees as door prizes’.

After Allison’s feature article in Tremor Talk, a young girl from Pennsylvania living with ET reached out to Allison and sparked a new friendship. Deborah McGinnis and her mom drove more than six hours to attend the Grand Rapids walk and to meet her new friend Allison. “‘It was amazing to see how awareness from IETF has brought these young ladies together,” Julie said.

Media Coverage
Kevin Moore reached out to his local media in Dothan, AL to bring ET awareness through news coverage. WDHN News aired a TV spot and posted an article online, not only explaining the condition, but also driving the point that education is the key to understanding for NETA. By putting more information out there, people may begin to understand what people with ET go through daily.
When his old high school principal saw the segment on TV, she contacted Kevin. She asked him to come back to his former elementary and high school to help educate the children about essential tremor as part of their disabilities awareness program. With some fun children’s activity books in hand, provided by the IETF, Kevin stepped way out of his normal comfort zone in order to raise awareness in his community. And he did an amazing job.

State Police Training Academy
Connecticut support group leader, Helen Moser, saw a problem in the ET community and took action for NETA Month. Several support group members expressed frustration when being confronted about their shaking by police during routine traffic stops. Many officers mistook the normal shake of essential tremor for nervousness, making them feel and look guilty for no reason. As a result, Helen and her group met with the State Police Training Academy to educate law enforcement officers about ET. Because of Helen’s efforts, ET awareness and sensitivity information is now an added bullet point in the curriculum for all new recruits, as well as being part of in-service training for existing officers.

The IETF developed a fact sheet specifically for law enforcement. This information was sent to officers throughout Connecticut as a Training Bulletin, where it can easily be accessed for information/verification in the field. “While there’s no guarantee that ALL officers will remember to follow the bulletin or instructions, we certainly succeeded in increasing awareness to a significant and important segment of Connecticut officers,” Helen said.

Helen also teamed with Gov. Dannel P. Malone to renew the NETA proclamation for the state of Connecticut. She strives each year to renew the proclamation to continue to bring ET to the forefront of community members’ minds.

DIY Fundraising Events
New this year, the IETF launched the new Do It Yourself (DIY) Fundraising Program. DIY Fundraising is an opportunity for those with a deep commitment to the essential tremor cause to raise awareness and funds for the IETF’s mission in new and creative ways.

After learning about the IETF in 2014, Judi Pruchnicki and her son James, who lives with ET, has hosted a NETA Des Moines Sky Walk each year. However, due to scheduling conflicts, the family decided to come up with a No-Walk Do It Yourself Fundraising idea. Instead of hosting a walk, the Pruchnicki family and friends reached out to their community members and employers to raise funds and matching funds to bring greater awareness about NETA. DIY events are a great way to put your own personal, creative touch to fundraising and awareness activities.
ADVOCACY

THE WASHINGTON REPORT

The IETF strives to advocate for change in legislation to advance federal, state and community policies and programs that benefit people with essential tremor and their families. Together, we can all drive change for essential tremor as ET activists.

The Washington Report

The IETF was proud to send then Executive Director Catherine Rice to Bethesda, MD in May 2015 to represent the essential tremor community as an invited guest of the National Institute of Neurological Disorders and Stroke (NINDS). At the symposium entitled “Essential Knowledge Gaps in the Field of Essential Tremor”, Catherine was asked to give a luncheon presentation about the mission of the IETF and provide a true patient perspective on the condition. Scientists from around the world, representatives from pharmaceutical companies, and upcoming researchers from the National Institutes of Health (NIH) came together for two days to learn about the latest advances in ET research and to discuss the intricacies of the condition. We were delighted to be chosen to represent the ET community at such an important educational event.

Tom Bruderle, the IETF’s Washington D.C. Liaison, has taken on the role of representing the IETF at the American Brain Coalition’s (ABC) Advocacy Committee meetings, in addition to being the voice of essential tremor to congressional representatives on The Hill. At the May 2015 meeting, Katie Sales, ABC executive director, gave an update on the 21st Century Cures Act. This Act required Congress to review the steps involved in bringing a new medication or assistive device to market in the U.S. The Act proposed ways to streamline the regulatory process and close the gaps between scientific discovery and government regulation. In July, this measure was passed in the House. Days later it was received in the Senate and referred to the Committee on Health, Education, Labor, and Pensions. Together, the IETF and the other members of ABC continue to reach out to our respective congressional members to help move this important legislation forward.

After a Senate briefing on neurological disorders in September 2015, Tom participated in two conference calls aimed at organizing grassroots and lobbying activities in order to recruit additional supporters for the Senate’s Advancing Research for Neurological Diseases Act of 2015 (S. 849). Sponsored by Senator Johnny Isakson (R-GA), this act amends the Public Health Service Act to require the Centers for Disease Control and Prevention (CDC) to enhance and expand its infrastructure and activities in order to study the cause and transmission of neurological diseases, and to incorporate information obtained through those activities into a National Neurological Diseases Surveillance System.

The act requires the Department of Health and Human Services (HHS) to ensure the Surveillance System facilitates further research on neurological diseases, including the incidence rates, prevalence, and other critical demographic information. The Act also requires the HHS to ensure privacy and security protections are as stringent as the protections found under the Health Insurance Portability and Accountability (HIPPA) Act.

In February 2016, S. 849 was referred to the Health, Education, Labor, and Pension Committee for review. And although only about 21% (1 out of 4) of all legislation that goes before committee ever make it before the full Senate for a vote, the voices of all those who contacted their Senators to urge their support for this act were heard. The committee has issued a report to the full chamber, recommending the bill be considered further. This act is identical to the version approved by the House (H.R. 292) in the summer of 2015.

This brings S. 849 one step closer to being the law of the land. Remember, a bill must be passed by both the House and Senate in identical form and then be signed by the President to become law. Although we have a long way to go, Tom continues to meet with influential lawmakers, educating them on essential tremor and garnering their support for this important legislation.
Each year the IETF requests grant proposals from the scientific community, to further our understanding of essential tremor. The IETF only seeks proposals that address the nosology, etiology, pathogenesis, or treatment of essential tremor, or other topics relevant to essential tremor. At the end of FY2015, the IETF has provided just under $1 million in critical research funding.

Testing the GABA Nucleo-Olivary Hypothesis of Essential Tremor
We have just begun to understand the inner-workings of the brain and how different parts of the brain communicate information to the body. Dr. Nicholas Franich, Assistant Project Scientist at the David Geffen School of Medicine at the University of California in Los Angeles, seeks to test one possible cause of ET.

Testing hypotheses is at the heart of the scientific process. Any aspect of the natural world could be explained in numerous ways. It is the job of science to collect all of the most reasonable explanations and then use scientific testing to filter through them, keeping ideas supported by the evidence and discarding the others. Dr. Franich will use the scientific method to systematically test the idea that a reduction in the function of a specific type of specialized cells in the brain, called GABAergic nucleo-olivary (GABAergic N-O) neurons, creates an action tremor like essential tremor. If he can show impairment or loss of this specialized group of neurons creates tremor, it would support the hypothesis GABAergic N-O neuron dysfunction may be an underlying cause of at least some cases of ET.

Cannabidiol Anti-Tremor Action and Mechanisms
It’s been nearly 20 years since the passing of California’s Proposition 215, allowing for the use of marijuana for medical purposes. Although still classified as a Schedule I narcotic under the Controlled Substance Act at the Federal level, 22 additional states, the District of Columbia and Guam have all passed similar legislation allowing for the use of marijuana for therapeutic, medical purposes.

Dr. Adrian Handforth, Assistant Chief of Neurology at VA Greater Los Angeles Healthcare System in California will explore the effects of a particular cannabinoid known as “CBD” (cannabidiol) on essential tremor. Unlike the well-known cannabinoid “THC” (tetrahydrocannabinol), which has mind- and mood-altering effects, CBD does not alter the mind, the emotions, or one’s judgment. Although its long-term safety remains to be thoroughly studied, CBD has already shown promising initial results in the treatment of epilepsy, pain, anxiety, and other disorders. Dr. Handforth and his team will try to find out whether CBD can suppress essential tremor in an animal model. And if it does, he will take the next step and try to understand how it works.

Abnormal Climbing FiberPurkinje Cell Synapses in Essential Tremor
Thanks to a previous IETF research grant, Dr. Shen-Han Kuo’s research team at Columbia University in New York discovered a previously unknown abnormality in essential tremor patients at the location in the brain where neuron’s electrical and chemical signals are transmitted and received. Understanding how and why the neurons in essential tremor patients communicate the way they do is the next step in the process of understanding the cause of ET.

A neuron is a specialized cell in the brain that processes and transmits information through electrical and chemical signals. These electrical and chemical signals travel between neurons by way of specialized connections with other cells. Each neuron is capable of making numerous connections, becoming a vast network of cells. The signals each neuron sends out may be excitatory (where the potential for action increases) or inhibitory (where the potential for action decreases). The normal function of these numerous neural networks depends on a delicate balance between excitatory and inhibitory signals being passed from one neuron to another. Abnormal connections or a disruption in the balance between these signals can lead to problems with motor control and possibly tremor.
The IETF receives no federal, state or local government funding. Contributions from those affected by ET, mostly in the form of annual donations, sustain the IETF. This fiscal year, the IETF received 5,483 donations totaling $906,843. These donations were used to fund ET research grants, provide free education and materials, offer vital support services, and fund programs that raise awareness in communities around the world.

**REVENUE**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$441,259</td>
</tr>
<tr>
<td>Investment income</td>
<td>2,974</td>
</tr>
<tr>
<td>Memorials/Bequests</td>
<td>324,246</td>
</tr>
<tr>
<td>Exempt function revenues</td>
<td>22,348</td>
</tr>
<tr>
<td>Program service fees</td>
<td>33,266</td>
</tr>
<tr>
<td>Research</td>
<td>70,805</td>
</tr>
<tr>
<td>Special events(^1)</td>
<td>41,945</td>
</tr>
</tbody>
</table>

**TOTAL REVENUE** $906,843

**EXPENSES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program(^2)</td>
<td>$461,375</td>
</tr>
<tr>
<td>Management/General(^3)</td>
<td>82,881</td>
</tr>
<tr>
<td>Fundraising(^4)</td>
<td>36,595</td>
</tr>
</tbody>
</table>

**TOTAL EXPENSES** $580,851

\(^1\) Revenue received from National ET Awareness Month.

\(^2\) Includes awareness, education, support and research activities and initiatives.

\(^3\) Includes expenses related to office overhead such as supplies, computers, copier, salaries, and rent.

\(^4\) Includes National Awareness Month activities, annual appeal, and annual donations.

\[80\%\] Of expenses goes to Research, Education, Awareness & Support

\[48\%\] Of revenue comes from direct contributions from donors
The President’s Club honors individuals contributing $1,000 or more annually to the IETF. President’s Club members are everyone’s heroes. Members are recognized in several IETF publications, such as Tremor Talk magazine, on the IETF website and in the IETF annual report. Every dollar received by the IETF is greatly appreciated, but these large donations make a significant impact on the Foundation’s ability to fulfill its mission each year. Please join us in recognizing these generous donors:

Mr. & Mrs. Joseph Atkinson
Mr. & Mrs. David Berryhill Jr.
Mr. Peter Biasella
Ms. Marilyn Black
Dr. & Mrs. Edward Block
Mr. & Mrs. J. Robert Booth
Mr. Paul Broyhill
Mr. & Mrs. John Cakebread
Ms. Iris Chapman
Ms. Lillian Courtheoux
Ms. Patricia Dupree
Mr. Carmen Eanni
Ms. Helen Ensign
Shari & Stan Finsilver
Mr. & Mrs. Stanley Fishfader
Ms. Celeste Fralick
Mr. & Mrs. Richard Frinier
Mr. & Mrs. William Froelich Jr.
Mrs. Bonnie Goldberg
Ms. Margaret Gorman
Mr. Frank Hanna Jr.
Mr. Robert Harms
Mr. Dennis Harrod
Mrs. Mary A. Hawersaat
Mrs. Agnes Heersink
Mr. & Mrs. Martin Holford
Iglewski Family Foundation
InFaith Community Foundation
Mr. & Mrs. Norman Johnson
Ms. Susan Kahn
Ms. Margaret Klein
Ms. Sally Knight
Mr. & Mrs. Thomas C Koehler
Mrs. Michele Leber
Mr. Terry Lee
The Steve and Sandy Lescher Fund
Mr. Michael Libman
Dr. Kelly Lyons
Mr. Michael Mahoney
Mr. John Marth
Mr. Paul McGrady
Mrs. Stephanie Mendel
Mrs. Beverly Myers
Mrs. Rosemary Nothwanger
Mr. Robert Oster
Mr. Walter Palmer
Mr. Loren Parks
Mr. & Mrs. Randal Peterson
Mrs. Mary Pohlman
Mr. Jack Robinson
Mr. & Mrs. Joseph Robinson
Mrs. Marsha Morgan Sitterley
Mr. & Mrs. Jerry Slater
Mr. & Mrs. Lee Smith
Mr. John Smith Jr.
Mr. Frank Soroka
Mr. & Mrs. Walter Stearns
Mr. & Mrs. Gerald Swanson
Mr. Tim Teeter
The Alvin and Fern Davis Foundation
Ms. Carol Tucker-Foreman
Ms. Nancy Uppal
Mr. John Watterson III
Dr. Elmer Werner
Mr. & Mrs. John Williams
Mr. & Mrs. Leo Wilz
Mr. Fred Young Jr.
**MEMORIALS**

**TRIBUTE DONATIONS**

Giving a memorial donation is a meaningful way to pay tribute and show how those close to you continue to live on in your heart. Below you will find a list of friends and family members who have donated in memory of their loved one. Memorials are listed in ALL CAPS, and donors are listed below.

<table>
<thead>
<tr>
<th>Name</th>
<th>Memorial</th>
<th>Donation Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>BROTHER, ALLAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Joan Feldman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs. Betty Wilson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WILLIAM BOYER</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Robert Wagner</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BETTY CARPER</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. Greg Curtis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DAVID FORREST CHAPMAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Iris Chapman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SARA COX</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Marcie Anderson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Arbedella Rhodes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOL DAVIS</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Lorraine Bernstein</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GEORGE EICHELMAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mrs. Doris Benit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs. Eleanor Gager</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Tim Hickerson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Walter Iffert</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Scott Johnson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Gary Kukowski</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Maria Graci Rizzuti</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Southington Lions Club</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dave &amp; Jane Spargo</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. David Stein</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EDWARD ELY, SR.</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Childrens Home Society of</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Florida</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs. Donna Feher</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Jim Hudson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Edmund Jenkins</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Christine Noble</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BARBARA GARRAHAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. Dave Dobel</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Lisa Foster</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs. Tammy Goodrich</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. Edwin Johnson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Jane McInerney</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Elizabeth McKenna</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Katharine Olimpi</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Donna Pickett</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Jane Price</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Theresa Ryal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs. Jody Schorr</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Reka Shinkle</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Joseph Stivaletti</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Charlotte Teklitz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>The Kaiser Family</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Elizabeth Van Story</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Gail Walls</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Anne Warhola</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Jerry Watkins</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LILLIAN GLASSMAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Barry &amp; Susan Roberts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MARY GRABOSKI</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. Byron Scott</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LORRAINE HAAS</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. Dean Haas</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Barbara Harlib</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mrs. Joan Zapin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>JAMES HAYS</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Charlotte Blume</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Louis Burg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. Bryce Hager</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Howard Hayes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Ronald Hays</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. William Hays</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Debra Krick</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Linda Mattson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. Michael Nuding</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Frederick Prillaman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GERALDINE HERMAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Joy Walker</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AUDREY HIGLEY</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Eastern Airlines Pilots’ Wives Club</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HERSCHEL JOHNSON</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Fred Adair</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DOLLY KALLEN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Linda Klein</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALAN KAPLAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mrs. Joan Zapin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ROBERT KIBORN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Joseph Robinson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SYLVIA KRAMER</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Adelaide Sugarman &amp; Marshall Greenberg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Sandra Bakalar</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Lois Baker-Ernst</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Arthur Cahn</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. Peter Cahn</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Barbara Cantor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. David Cohen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Amy Fay</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Frederick Gardner</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Bozi Goldman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Carolyn Goldman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Susan Gorbman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hertel &amp; Konish Wealth Mgmt. Group</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Shirley Himmelfarb</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Art Hitchcock</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Louis Holzman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Matthew Kaufman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Arnold Kline</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Victor Lee</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Ron Nevins</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Perico P.C.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drs. Gary &amp; Sylvia Reiser</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Karen Rivers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs. Lisa Rosenthal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Arthur Schwartz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Miriam Shutzer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Edith Sontz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Matthew Stiglitz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. &amp; Mrs. Paul Sugarman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Hope Zabar</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MARJORIE KRELL</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mr &amp; Mrs. George Aylesworth</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Amy Krell</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mr. Robert Nelson</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Pat Redems</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WILLIAM KRISMAN</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mrs. Kathleen Nuyen</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PHYLLIS LEMPERT</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Ms. Hilary Goldberg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Hilary Goldberg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Virginia Kochan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms. Wendy Lertola</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BARBRA LIVINGSTON</td>
<td>TRIBUTE DONATIONS</td>
<td></td>
</tr>
<tr>
<td>Mrs. Beverly Wemette</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
KENNETH LUCKEY
Ms. Evelyn Hicks
Ms. Muriel Hicks

HAZEL MAIER
Mr. & Mrs. O. E. Atchley
Ms. Edna Jackson
Mr. Robert Maier
Ms. Bettie Olson
Orphaned gifts

FRED MALEY
Mr. & Mrs. Robert Anderson
Mrs. Barbara Burnap
Mrs. Judith Dolfi
Ms. Joan Ehmann
Mr. & Mrs. Charles Freeman
Ms. Laura Greene
Mr. & Mrs. Aldo Habaluyas
Ms. Marian E Krele
Mr. & Mrs. John Limarzi
Ms. Patricia Miller
Ms. Carol Paterno
Ms. Judith Petura
Mr. Robert Sullivan
Ms. Helen Vail

JACK MCGUIRE
Ms. Barbara Morris
Mrs. Joan Zapin

SHIRLEY MCINTIRE
Proud Ground

SHIRLEY MCINTYRE
Ms. Melanie Berrier
Ms. Resa Boxell

WILLIAM MOREHOUSE
Mr. & Mrs. Tom Girz
The Brown Family
Mr. & Mrs. Mike Van Buskirk
Mr. Harold Winters

MARK O’CONNOR
Mr. & Mrs. Samuel Alt
Mr. & Mrs. Scott Cessar
Ms. Jan Engelberg
Mr. & Mrs. Patrick Falsetti
Ms. Arlene Ferrante
Mr. & Mrs. David Frankovich
Ms. Kathleen Kent
Mr. & Mrs. Gerard Longo
Mr. & Mrs. George Lutz
Mr. & Mrs. Robert Lynch
Ms. Nancy Lynches
Ms. Carol Murphy
Mr. & Mrs. Ken Pizcika
Mr. & Mrs. Joseph Pohl
Mr. & Mrs. William Quinlan
Mr. & Mrs. Enrique Senra
Mr. & Mrs. Walter Stasik
Mr. & Mrs. Gary Sterling
Mr. Patrick Wallace
Mr. & Mrs. Irwin Wedner
Mr. Richard Wiedman
Wyland Faculty and Staff

PHYLLIS ROBINSON
Dyersburg Disciples

THELMA ROSENBLUM
Mrs. Joan Zapin

CHARLOTTE ROSS
Mr. & Mrs. Jay Cammack
Ms. Marianne Guy
Ms. Linda R Lovett
Mrs. D’Arcy Montalvo
Mr. & Mrs. Paul Oncken
Mr. Mark Sanders
Mr. & Mrs. Ronald Scott
Ms. Karen Shea
Mr. & Mrs. Patrick Turns
Z&C Plumbing Partnership, Ltd

FRITZIE SIFFERLY
Mrs. Joyce Fine
Mr. & Mrs. Keith Fournier

Mr. & Mrs. Douglas Pawlicki
Ms. Louella Rupp
Ms. Pamela Schifferly
Mr. & Mrs. Scott Schifferly
Mr. & Mrs. Joseph Shepard
Mr. & Mrs. Robert Weimer
Mr. & Mrs. Gene Williams

GARY SEBENS
Mr. & Mrs. Denny Bartison
Mr. & Mrs. Michael Bays
Mr. & Mrs. Michael Bruce
Ms. Patricia Chesser
Ms. Sheila Christie
Mr. & Mrs. Eric Devore
Mr. & Mrs. Harvey Hamilton
Mr. & Mrs. Lorn Handley
Mr. & Mrs. Johnson
Mr. & Mrs. Robert King
Mr. & Mrs. Donald Klinker
Mr. David Miller
Mr. John Molloy
Mrs. Vivian Sebens
Ms. Cindy Staudenmaier
Mr. & Mrs. Gerald Weseloh

EVELYN SHAW
Mr. James Shaw

GARY SIEBENS
Ms. Mary McGowan

FRITZIE SIFFERLY
Mr. & Mrs. Stephen Drake

MINNA SNYDER
Ms. Gail Snyder

MARTHA SOROKA
Mr. Frank Soroka

ALTA SPRINGER
Mr. & Mrs. Jeff Beech

MARGARET STANGE
Mr. Raymond Meyer

PEARL STOCKSTILL
Friends in the Division

WILLIAM TEWELES
Mrs. Jill Pelisek

WILLIAM TEWLES
Shari & Stan Finsilver

SHIRLEY THORELL
Ms. Linda Miller

SHIRLEY CYSACK/THORELL
Ms. Joyce Luster
Ms. Linda Miller

LINDA TOWNE
Mr. John Towne

CECIL TUNE
Mrs. Diana Campbell
Central Virginia Electrical Contractors Assoc.
County of Henrico
Ms. Margaret Griffin
Mr. & Mrs. Fred Maiden
Mr. John O’Connell
Mr. & Mrs. Ralph Puccinelli
Mr. & Mrs. Larry Strollo
Ms. Mary Ann Swann
Ms. Virginia S Terrell
Ms. Lynette Thomas
Ms. Sherry Wise

DOROTHY M. WAGNER
Mr. Charles Damself

HAZEL WEST
Mr. & Mrs. Leo Wilz

LEE WOODS
Mr. & Mrs. Robert Wagner
HONORARIIUM
TRIBUTE DONATIONS

Honorarium donations are great ways to recognize important achievements and successes like: getting a new job, celebrating a birthday or anniversary, graduation, Bar Mitzvah and Bat Mitzvah events, or just to say “I was thinking about you”. Below you will find a list of people who have donated in honor of a special occasion in a friend or family member’s life.

**METRO DETROIT ET SUPPORT GROUP**
Thomas and Sabrina Pilarski

**ADELINE ANTONINI**
Mr. Daniel Antonini
Mr. Steven Antonini
Mrs. Diane Danielewicz
Ms. Susan VanHoven

**KAREN ARBASETTI**
Ms. Donna Reithmayr

**RESEE BENEZRA**
Mr. & Mrs. Jerry Rubin

**SOPHIE BRADLEY**
Mr. John Foster

**SYLVIA BROCKSTEIN**
Ms. Sharon Reba

**ERIC AND ANGELA BROWN**
Mr. & Mrs. William Brown

**LILLIAN COURTHEOUX**
Mr. & Mrs. Richard Courtheoux

**RICHARD & PERRI COURTHEOUX**
Ms. Lillian Courtheoux

**OBIE CRAMER**
Ms. Erma J Klooz

**JOE DRISCOLL**
Col. & Mrs. Barry Pencek

**MARGARET EDGREN**
Mr. Edward Edgren

**JACQUELINE FIESELER**
Mr. Mike Fieseler

**SHARI FINSILVER**
Mrs. Liz Schmier

**SHARI & STAN FINSILVER**
Ms. Gina Finsilver
Mr. & Mrs. Robert Hakim
Chavurah Yachad

**KAREN ARBASETTI**
Ms. Donna Reithmayr

**RESEE BENEZRA**
Mr. & Mrs. Jerry Rubin

**SOPHIE BRADLEY**
Mr. John Foster

**SYLVIA BROCKSTEIN**
Ms. Sharon Reba

**ERIC AND ANGELA BROWN**
Mr. & Mrs. William Brown

**LILLIAN COURTHEOUX**
Mr. & Mrs. Richard Courtheoux

**RICHARD & PERRI COURTHEOUX**
Ms. Lillian Courtheoux

**OBIE CRAMER**
Ms. Erma J Klooz

**JOE DRISCOLL**
Col. & Mrs. Barry Pencek

**MARGARET EDGREN**
Mr. Edward Edgren

**JACQUELINE FIESELER**
Mr. Mike Fieseler

**SHARI FINSILVER**
Mrs. Liz Schmier

**SHARI & STAN FINSILVER**
Ms. Gina Finsilver
Mr. & Mrs. Robert Hakim
Chavurah Yachad

**KAREN ARBASETTI**
Ms. Donna Reithmayr

**RESEE BENEZRA**
Mr. & Mrs. Jerry Rubin

**SOPHIE BRADLEY**
Mr. John Foster

**SYLVIA BROCKSTEIN**
Ms. Sharon Reba

**ERIC AND ANGELA BROWN**
Mr. & Mrs. William Brown

**LILLIAN COURTHEOUX**
Mr. & Mrs. Richard Courtheoux

**RICHARD & PERRI COURTHEOUX**
Ms. Lillian Courtheoux

**OBIE CRAMER**
Ms. Erma J Klooz

**JOE DRISCOLL**
Col. & Mrs. Barry Pencek

**MARGARET EDGREN**
Mr. Edward Edgren
Members of our Legacy Society have expressed their commitment to IETF through a very special and important form of financial support. These donors have named the IETF as the ultimate beneficiary of a planned gift. Such gifts might include a bequest and/or gifts of life insurance.

These gifts contribute to the stability and long-term growth of the organization. It is a great way to have your support live on for years to come. If you would like to learn more about the Legacy Society or how to leave a bequest or gift of insurance to the IETF, please call our IETF Executive Director, toll free at 888.387.3667.

The following individuals and families have generously named the IETF as beneficiaries in their wills or life insurance policies:

**Deceased Donors**

Warren Conklin Apgar Bequest  
Robert Barfoot  
Thelma Beatty Trust  
Berner Charitable and Scholarship Foundation  
Butler Family Trust  
Shirley A. Cavanagh Bequest  
Willima B. Cole Trust  
Nancy M. Craig Trust  
E. Ruth Crum Trust  
Beryll G. Deming Trust  
Maragaret Edwards Estate  
Irene Feimer Anger Bequest  
Howard Fisher Trust  
Albert Gendron Living Trust  
Laurita Hall Johnson Trust  
Dorothy Helen King Bequest  
Rose Kleiner Trust  
Lois Kreider  
Barbara Kurtz Trust  
Lynn W. Martin Estate  
Stephen A. Mohorich Estate  
Paul T. Perney Trust  
Dina Philips  
Schmier Family Revocable Trust  
William & Mary Shelley Trust  
Martin Stinar Trust  
Delbert D. Utgaard Trust  
Melville VanBuskirk Bequest  
Kathleen Wambold Estate

**Living Donors**

Judy Adams  
Patricia Anesi  
Leslie Balas  
Karen Christenson  
Lillian Courtheoux  
Shari & Stan Finsilver  
Marilyn Foreman  
Anne Gilstrap  
Lorraine Hellstern  
Sam Hodges  
Joseph L. Hores  
Raymond & Sarah Lamont  
Richard Marcus  
Carol Post  
Byron Scott  
Dorothy Stevenson  
Jacqueline Sydow  
Janet Whittlesey
United States

JUNEAU, AK
William Diebels
907.321.7586
bdiebelssr@gmail.com

GARDENDALE, AL
Suzanne Frazier
205.602.4332
sfrazier1031@charter.net

MADISON, AL
Carla Holder
256.837.1713
angelharpy@yahoo.com

HOT SPRINGS VILLAGE, AR
Janice Morrison
501.922.6656
jmhb@suddenlink.net

LITTLE ROCK, AR
Eric Twombly
501.773.5528
et_ark@yahoo.com

SUN CITY WEST, AZ
Ross Stapleton
623.428.6954
ofs40@yahoo.com

YUMA, AZ
Dan Dawson
928.248.5579
yumaessentialtremor@gmail.com

BELMONT, CA
Deanne Bohne
650.591.9362
peninsulaET@gmail.com

GILROY, CA
Lynda D.
408.847.8649
siliconvalleydet@gmail.com

LOS ANGELES, CA
Roxanne Holt
310.994.2522
richroxycaleb@yahoo.com
Novato, CA
Satoko Miller
415.883.8494
northbay4et@gmail.com

PALM DESERT, CA
Janine Judy
760.285.0411
desertcharm55@aol.com

ROSEVILLE, CA
Paula Lavin
916.771.4866
rosevilleet@yahoo.com

SALINAS, CA
Susan Cheuvront
831.224.6677
sioux0707@yahoo.com

SAN DIEGO, CA
Carolina Conway
714.865.3377
sdessentaltremor@gmail.com

SAN RAMON, CA
Sharon Alexander
925.487.5706
eastbayet@comcast.net

GRAND JUNCTION, CO
Shelly Amendola
970.462.8300
samendola46@gmail.com

CT, ROTATES THROUGHOUT STATE
Helen Moser
203.922.2521
hbmoser@optimum.net

DAYTONA BEACH, FL
Janet Hirst
386.801.3906
janethirst@gmail.com

DORAL, FL
Erika Ruiz
305.300.6664
ideag@bellsouth.net

LADY LAKE, FL
Ken Taylor
352.787.3866
kstaylor62@usa2net.net

SAVANNAH, GA
Phil & Nancy Bowden
912.352.7921
savnanbo@bellsouth.net

AURORA, IL
Donna Sperlakis
630.499.6619
donna.sperlakis@rushcopley.com

GRANITE CITY, IL
Priscilla Cuvar
618.451.1977
pridenjoy30@yahoo.com

SCHAUMBURG & WINFIELD, IL
Lynn Bernau
630.497.2142
lbb1219@yahoo.com

ANDALE, KS
Rita Sevart
316.796.0769
sevartd@hotmail.com

LOUISVILLE, KY
Erika Ganong
502.291.3676
erika.ganong@gmail.com

SPRINGFIELD, MA
Karen Villanueva
207.432.4334
bonneville_karen@yahoo.com

SCARBOROUGH, ME
Katrina Randall
207.432.4334
akatrinacare@gmail.com

CLARKSTON, MI
Tom & Sabrina Pilarski
248.672.8448
tomsabrina@me.com

LANSING, MI
Tim Johnides
517.648.0149
tjides@gmail.com

ST. PAUL, MN
Sandra Varpness
651.335.4852
sandrac.varpnss@healthpartners.com

LEE’S SUMMIT, MO
Anita Otis
816.373.4303
anitafo58@gmail.com

CAROLINA BEACH, NC
Katelyn Swackhamer
601.928.1505
kswackha@bulldogs.mgccc.edu

SYLVIA, NC
Ted Kubit
828.631.5543
tkubit@frontier.com

CONCORD, NH
Eileen Keim
603.224.7829
travlr1776@gmail.com

FREEHOLD, NJ
Morton Meiskin
732.462.8304
mmmeiskin@optonline.net

ALBUQUERQUE, NM
Ken Whiton
505.453.1732
kwhiton43@icloud.com

SUPPORT GROUPS
FRIENDS & SUPPORT IN YOUR COMMUNITY
Support groups are not intended to provide medical advice or be a substitute for qualified medical care. The International Essential Tremor Foundation does not assume any liability resulting from participation in a support group. The opinions held by the support group leaders, attendees or presenters are not necessarily those of the IETF.
OUR MISSION

The IETF funds research to find the cause of essential tremor (ET) that will lead to better treatments and a cure, increases awareness, and provides educational materials, tools, and support for healthcare providers, the public, and those affected by ET.