As we look back on the past year, I am very excited about the progress we have made raising awareness for essential tremor and our continuing efforts to increase educational opportunities for patients, family members, and doctors. These programs and projects would not be possible without the help of many people.

First, I would like to thank our loyal donors, support group leaders, and corporate partners for their support and generosity. We could not do what we do including raising awareness, providing educational materials and events, scholarships to students affected by ET, and awarding more than $750,000 in research grants without your donations of time, talent, and treasure.

I also want to thank our staff. Tara Duerr and Dawanna Fangohr do great work and have taken on additional duties recently. Their hard work and dedication allow us to further our mission to provide hope to the ET community worldwide. The next time you call, e-mail, or write please thank them for all they do for the IETF and the ET community.

And of course I want to thank our Board of Directors and Medical Advisory Board who are committed to the mission of the IETF and guarantee we meet our financial and research commitments along with the ethical and moral responsibilities for everyone with ET. Recently two long time board members, Russ Rosen and Ed Block, retired from the Board. We want to thank them for their service to the IETF and helping us grow into the organization we are today.

The IETF continues to improve the way we deliver our messages. This year we hosted three teleconferences on a variety of topics with more than 600 reservations for each call. If you missed one, recordings of each call are posted on our website on the “About Essential Tremor” page. We also continue to host regional ET Education Forums. This year we had the opportunity to visit Denver, CO; Boca Raton, FL; and Detroit, MI with future events scheduled in Cleveland, OH; Sacramento, CA; and Philadelphia, PA. We hope you can attend one of these events when we come to your town.

We are also working on a project to increase awareness for ET and the IETF. The Informed Series with Rob Lowe is producing a documentary video for the IETF to be broadcast on over 200 public television stations in the next year. The project also includes a one minute commercial to be broadcast on various cable channels including CNN, The Discovery Channel, and MSNBC. We will also receive a video profiling ET and the IETF which we will use on our website and social media channels to continue to increase education and awareness. You will hear more about these videos and the broadcast schedule this fall.

We continue to strengthen our current partnerships and build new ones with a variety of companies and other non-profits who focus their efforts on promoting ET education and awareness. One of the biggest concerns we hear is the lack of progress in ET specific treatments. Several of our partners are working to create new treatment options or to improve their existing treatments. Working together we can combine our efforts for a unified voice for the ET community.

So as we start the new fiscal year we continue our commitment to work for you on raising ET awareness, providing the most up to date information through Tremor Gram, Tremor Talk, and our social media channels, and fund research to find the cause and hopefully someday a cure for ET.

Thank you again for your support of the IETF. Feel free to contact our office if you need any materials to share via personal meetings, phone calls, or social media. You are our best advocates and we hope you continue to spread the word about essential tremor and the IETF.

Sincerely,

Patrick McCartney
Executive Director, IETF
MESSAGE FROM THE EXECUTIVE DIRECTOR

Table of Contents

Year in Review ........................................... 4-5
Communications ........................................ 6-7
Financials .................................................. 8
President’s Club .......................................... 9
Memorials .................................................. 10-11
Honoraryums ............................................. 12
Legacy Society .......................................... 13
Support Groups ......................................... 14-15

International Essential Tremor Foundation

Our Mission

The IETF provides hope to the ET community worldwide through awareness, education, support and research.
THE YEAR
WHAT YOU’VE MADE POSSIBLE
IN NUMBERS
2016-2017
Number of participants attending education programs across the nation

1,857

Including two education forums, one webinar and two teleconferences.

$75,000

Funded to three IETF research projects to further better treatment options for ET.

EIGHT SCHOLARSHIPS

Awarded to lessen the burden of higher education for students with ET.

1,318 INFORMATION PACKETS SENT

To educate and increase awareness for ET and the IETF to patients and healthcare providers

48,806 media deliveries sent through press release distribution to nearly 6,000 media contacts.

In hopes of raising awareness to a potential global audience of 5.3 billion.
COMMUNICATIONS

ELECTRONIC COMMUNICATIONS
The IETF touches many people worldwide thanks to the advancements in technology and communications. Through an interactive and user-friendly website, informative and frequent e-mails, and a strong social media presence, the IETF reaches thousands across the globe.

Electronic communications not only allow us to reach more people than ever before, they allow us to make meaningful connections at a fraction of the cost of postal mailings. The IETF connects people together on several social media sites to help raise awareness among the general public and to provide additional communication avenues and support for those affected by ET. Follow the IETF’s latest information at the following sites.

Website
www.EssentialTremor.org

Facebook Page
Facebook.com/InternationalEssentialTremorFoundation

ET Awareness Facebook Group
Facebook.com/groups/5884699022/

YouTube
YouTube.com/essentialtremorIETF

Twitter
Twitter.com/EssentialTremor

Google+
Search for International Essential Tremor Foundation

TOP COUNTRIES ON IETF SOCIAL MEDIA

1. UNITED STATES
2. UNITED KINGDOM
3. CANADA
4. AUSTRALIA
5. BRAZIL
TREMMOR GRAM
Each month the IETF sends out Tremor Gram, our free, electronic newsletter, to more than 21,000 people. Sending informative e-mails on a regular basis helps increase participation in IETF events, assists in recruiting for ET-related research studies, drives additional traffic to the website, and builds loyalty among donors. The IETF e-mails have an average open rate of 27.2%, which is higher than the industry standard. For non-profits, the average open rate is 21.9%. Click-through rates are determined by the number of people who actually click on a link within an e-mail. IETF click-through rates are consistently over 16%.

TREMMOR TALK
Published three times a year, Tremor Talk is the IETF’s 32-page, full-color, professional publication all about essential tremor. The magazine features articles written by both healthcare professionals and IETF staff on a variety of ET-related topics: personal stories about people who have ET illustrate the challenges of living with essential tremor and the unique ways real people are able to conquer those challenges; medical articles are authored by some of the top minds in the movement disorders field written so anyone can understand; and research articles offer a glimpse of what scientists are working on today and what might be obtainable in the future. Tremor Talk is a donor publication and is mailed only to IETF annual donors. Past issues of Tremor Talk are available at www.essentialtremor.org/about-et/publications-library.

WEBSITE
With information from webinars on diagnosis process and treatment options, to support groups and personal stories, essentialtremor.org remains one of the best tools for making essential tremor information available to people around the world. It is the community’s one-stop-shop for accurate and timely information. Website traffic was up 55% in FY2016. More than 79% of visitors were new. Most visitors were looking for general information about what essential tremor is, what medications are currently available to treat it, and what assistive devices might be helpful. Because of our top-notch SEO (search engine optimization), 60% of the people who found our website found it via “search”. The IETF continues to receive first-page rankings, often appearing before such organizations as NIH and Mayo Clinic.

HOW TIME WAS SPENT ON WEBSITE

- Assistant Devices Page: 58.5K views
- Treatments Page: 55.4K views
- Medications Page: 38.8K views
- About ET Page: 76.6K views
FINANCIALS

CONTRIBUTIONS
The IETF receives no federal, state or local government funding. Contributions from those affected by ET, mostly in the form of annual donations, sustain the IETF. This fiscal year, the IETF received 5,083 donations totaling $958,274. These donations were used to fund ET research grants, provide free education and materials, offer vital support services, and fund programs that raise awareness in communities around the world.

REVENUE
Contributions $ 368,519
Investment income 35,213
Grants 50,000
Memorials/Bequests 368,323
Exempt function revenues 13,817
Research 53,899
Special events1 68,503

TOTAL REVENUE $ 958,274

EXPENSES
Program2 $ 470,174
Management/General3 86,377
Fundraising4 36,535

TOTAL EXPENSES $ 593,086

1 Revenue received from National ET Awareness Month.
2 Includes awareness, education, support and research activities and initiatives.
3 Includes expenses related to office overhead such as supplies, computers, copier, salaries, and rent.
4 Includes National Awareness Month activities, annual appeal, and annual donations.
PRESIDENT’S CLUB

DONORS

The President’s Club honors individuals contributing $1,000 or more annually to the IETF. President’s Club members are everyone’s heroes. Members are recognized in several IETF publications, such as Tremor Talk magazine, on the IETF website and in the IETF annual report. Every dollar received by the IETF is greatly appreciated, but these large donations make a significant impact on the Foundation’s ability to fulfill its mission each year. Please join us in recognizing these generous donors:

Mr. & Mrs. Joseph Atkinson  
Mr. Robert Barfoot  
Ms. Ricki Bell  
Mr. Calvin Bentsen  
Mr. & Mrs. David Berryhill  
Mr. Steven Beyer  
Dr. & Mrs. Edward Block  
Mr. & Mrs. J. Robert Booth  
Mr. Chester Brown  
Mr. & Mrs. William Brown  
Mr. Paul Broyhill  
Ms. Marietta Budack  
Mr. & Mrs. John Cakebread  
Ms. Debbie Chance  
Ms. Iris Chapman  
Ms. Lillian Courtheoux  
Ms. Patricia Dupree  
Mr. Carmen Eanni  
Ms. Helen Ensign  
Shari & Stan Finsilver  
Mr. & Mrs. Stanley Fishfader  
Ms. Kathryn Foss  
Ms. Celeste Fralick  
Mr. & Mrs. William Froelich  
Mrs. Bonnie Goldberg  
Ms. Margaret Gorman  
Ms. Carol Gruen  
Mr. Frank Hanna  
Mr. Robert Harms  
Mr. Dennis Harrod  
Mrs. Mary A. Hawersaat  
Mrs. Debbie Hebert  
Mrs. Agnes Heersink  
Mr. & Mrs. Martin Holford  
Howard Fisher Charitable Trust  
Iglewski Family Foundation  
Jewels of Eagle’s Trace  
Diane & Berland Johnson  
Mr. and Mrs. Jeff and Suellyn Johnson  
Mr. & Mrs. Norman Johnson  
Ms. Susan Kahn  
Mr. Jay Kirchoff  
Ms. Margaret Klein  
Ms. Sally Knight  
Mr. & Mrs. Thomas C Koehler  
Mrs. Michele Leber  
Mr. Terry Lee  
Mr. Stephen Lescher  
Mr. Michael Libman  
Liperant Family Fund of the Jewish Community Foundation  
Ms. Bonita Lowry  
Dr. Kelly Lyons  
Ms. Mary MacNee  
Mr. Michael Mahoney  
Mr. John Marth  
Ms. Margie Masoner  
Mrs. Cynthia McCashland  
Mr. Paul McGrady  
Mr. Adam McKay  
Mrs. Stephanie Mendel  
Stephen A Mohorich Estate  
Mrs. Beverly Myers  
Mr. Michael Nichols  
Mrs. Rosemary Nothwanger  
Mrs. Marcee Oehlkers  
Mr. Robert Oster  
Mr. Walter Palmer  
Mr. & Mrs. Randal Peterson  
Mr. James Phelan  
Mr. & Mrs. Larry Roberts  
Mr. & Mrs. Joseph Robinson  
Mrs. Selma Rosen  
Mr. & Mrs. Edward Schwartz  
Mr. Byron Scott  
Shirley K Henry Trust  
Mrs. Marsha Morgan Sitterley  
Ms. Florence Slater  
Mr. & Mrs. Jerry Slater  
Mr. & Mrs. Lee Smith  
Mr. Chris Snyder  
Mr. Frank Soroka  
Mr. & Mrs. Giles Sorrells  
Mr. & Mrs. Walter Stearns  
Stephenson National Bank & Trust  
Ms. Dorothy Stevenson  
Mr. & Mrs. Gerald Swanson  
Mrs. Judy Task  
Mr. Gerald Taylor  
Mr. Rick Taylor  
Mr. Tim Teeter  
The Alvin and Fern Davis Foundation  
Ms. Nancy Uppal  
Mr. John Watterso  
Mr. & Mrs. John Williams  
Mr. Michael Williamson  
Mr. & Mrs. Leo Wilz  
Mr. Fred Young
MEMORIALS

TRIBUTES

Giving a memorial donation is a meaningful way to pay tribute and show how those close to you continue to live on in your heart. Below you will find a list of friends and family members who have donated in memory of their loved one. Memorials are listed in ALL CAPS, and donors are listed below.

CARL L. ANGERMAN
Ms. Sandra Jameson
Mr. Wayne Rickman
Ms. Sherry Hajec

EDGAR BARNETT
Ms. Gail Sterling

GERRY BARNETT
Ms. Gail Sterling

JACOB BERGER
Ms. Georgine Spisak
Ms. Mariangela Dipietri

ELAINE BESSIER
Tallgrass Creek
Memorial Fund
Mr. & Mrs. Douglas Williams
Mr. & Mrs. Stephen Smith
Ms. Mailee Van Wye
Mr. & Mrs. David Harrold
Mr. & Mrs. William Holston
Mr. & Mrs. Christopher Blair
Ms. Marilyn Heley
Mr. & Mrs. Mark McDonald
Ms. Joan Olsen
Ms. Jacqueline Lehatto
Ms. Lynne Ruhl

JANET BURLINGAME
Bob and Jo Smiley
Mrs. Carolyn Schopp

FRANKLIN CLAYTON
Ms. Jennifer Hubbard
Ms. Elaine Seckler
Mr. Joseph Capriotti
Ms. Jane Johnston
Patricia Conroy

BETTY COOK
Ms. Deana Oakley

FRANK ELLIOTT
Mrs. Laurie Smith

EDWARD ELY
Ms. Barbara Behrens

KATHLEEN ELY
Mr. & Mrs. Jim Hudson

ALLEN ENGELHARDT
Ms. Brenda Gokey

JAN ERICKSON
Mr. & Mrs. Don Shallberger

CAROLYN FITZSIMMONS
Mr. & Mrs. James LaForest
Ms. Marjorie Wulf
Mr. & Mrs. William Bristol
Dr. Joy Wilson
Mr. & Mrs. Harold Wells
Mr. & Mrs. Roland Voisine
Dr. Jacqueline Callender
Ms. Zada Johnson
Ms Joan Lee

Mr. & Mrs. Edward C Fitzsimmons
Mr. Milton Stockmyer
Mrs. Marcee Oehlkers

BONNIE JEAN FEUERSTEIN KOGER
Mr. & Mrs. Paul Grill

RUSSELL GOLDBERG
Mrs. Bonnie Goldberg

MARY GRABOSKI
Mr. Byron Scott

JUDITH GRAY
Ms. Christine Stoneman
Mr. Michael Mule

EDWARD G. HAWERSAAT
Mrs. Mary A. Hawersaat

MAUDE HILLER
Mrs. Karen Quinn

ERWIN ISAACSON
Ms. Phyllis Werbel

SUSAN ISRAEL
Ms. Edith Snyder

SAM KINNARD
Mr. & Mrs. Jack Gregory

GWERALDINE “GERRY” M KOERPERICH
Ms. Nancy Thomas

DR. WILLIAM LAZARUS
Mr. & Mrs. Gerald Carlson
Mr. & Mrs. A. Edward Skoog
Mr. & Mrs. William Schnirring
Waddell & Reed
Caryl Lazarus & Tim Treiber

CALVIN LEE
Ms. Nanci Curtis

DOTTI LIPETZ
Ms. Melodee Kornacker
Ms. Maria Alexander
Mrs. Dorothy Politziner
Ms. Nancy Tomei
Mr. David Strauss
Jeff & Gail Bernard

DONALD LOCKSTEDT
Ms. Deanna Lockstedt

PATTY MCCARTNEY
Shari & Stan Finsilver

DONN MCCASHLAND
Mrs. Delores Pittman
Mr. & Mrs. Vince and Kay Hoefer
Ms. Barbara Howat
Dr. & Mrs. Timothy McCashland
Ms. Peggy Tvrdy
Leola Luedtke
Ms. Bonnie Apley
Ms. Sarah Kahler
Mr. David Ellis
Arthur Rockel
Robert Schultz
C Brower
Gordon Fillman
Corey Vandewege
S K Theobald
Susan Bettger
Jennifer McCashland
Ruth Schake
Sondra Butherus
Nancy Sutton
Beth Gonnerman
David Kirby
Mrs. Cynthia McCashland
Ms. Marilyn Wright
Mr. Dean Johnson
Sarah Carter

JAMES MCRATH
Ms. Audrey Asher

ELEANOR MCKEOWN
Ms. Ruby De Jong

CACH NGUYEN
Flexcon

MARK O’CONNOR
Mr. & Mrs. Carmen D’Ambrosio
Ms. Megan Brown

EARL OTT
Ms. Barbara Peck

VIRGINIA PECK
Ms. Diane Ofner

JOHN A. PITTNER
Mr. & Mrs. Michael Delliava
Mr. & Mrs. David Sell

FLORENCE RINGLEY
Ms. Lisa Booy

PATRICIA SALERNO
Mr. & Mrs. Thomas Dean
Mr. & Mrs. Glenn Stahl
Mr. Todd Larson
Mr. & Mrs. Ervin Heyde
Mr. John W Rowe
Mr. & Mrs. Jon Niezing
Mr. Kenneth Kolkmeier
Mr. & Mrs. William Robertson
Dr. & Mrs. Joe Belew
Mr. & Mrs. Lee Reid
Mr. & Mrs. Paul Greenberger
McCord Design Group
Ms. Margaret M Lorenz
Mr. John De Greck
Mr. & Mrs. Lawrence Thayer
Ms. Carlotta Borgard
Mr. & Mrs. Michael Milosovich
Mr. & Mrs. Charles D Mill
Mr. & Mrs. Dennis Ahal
Mr. & Mrs. Robert O’Connell
Mr. & Mrs. Richard Kelsey
Ms. Sara Levins
Mr. & Mrs. Bob Abrams
Mr. & Mrs. John Malpiedi
Mr. & Mrs. Boyd Atteberry
Springboard Design
Mr. & Mrs. Gary Douglas
Mr. Frederick Salerno
Mr. & Mrs. David Henderson
Mr. & Mrs. Phil Daniels
Mr. & Mrs. Richard Dickerson
Mr. & Mrs. Alfred Baumgart
Mr. & Mrs. John T King
Mr. & Mrs. John Goode
Ms. Linda Evans
Mr. & Mrs. William Snyder
Mr. Michael Johnson
Mr. & Mrs. Peter Geer
Ms. Karen Bromley
Mr. & Mrs. Phil Roth
Ms. Janis Murphy
Mr. & Mrs. Todd Schnuck

ESTELLE SALZMAN
Ms. Stacey Silverman
Steve & Sue Bertenthal
Ms. Donna Seitz

FRITZIE SCHIFFERY
Mr. & Mrs. Thomas Reiter
Mr. & Mrs. David Elssass

JAMES SHIMWELL
Mrs. Joyce DeAeth
Mrs. Jane Resnik
Mr. & Mrs. Jim Guyker
Mrs. Pearl White & Family
Mr. & Mrs. Gail Burdick
Mr. & Mrs. Dan Buss
WNY Woodturners 1
Mr. & Mrs. Marvin Feldman
Ms. Martha Inskip

MARTHA SOROKA
Mr. Frank Soroka

ELIZABETH STANLEY
Ms. Kathryn Foss

MARGARET PENNY
SWANSON
Mr. Rick Cardiff

DON VAN DYKE
Mrs. Faith Shaw-Holmes

GRACE E VAN SICKLE
Ms. Karen Duncan

BENJIE WALDMAN
Mrs. Joan Zapin

WILLIAM I WALSH
Mrs. Mary Starr
Mrs. Myrna Brown
Mr. William Walsh
Mr. Kenneth Williams
Ms. Mary Claire Phelan
Dr. & Mrs. Frank Navratil
Mrs. Linda Catanzaro

MARGARET WATKINS
Ms. Susie Moore
Mr. & Mrs. Jeff & Suellyn Johnson

LILLIAN WECHSLER
Mrs. Elaine Cohen
Ms. Ruth Katz

EDYTE THE WEISS
Ms. Barbara Shulman
HONORARIA

TRIBUTES

Honorarium donations are great ways to recognize important achievements and successes like: getting a new job, celebrating a birthday or anniversary, graduation, Bar Mitzvah and Bat Mitzvah events, or just to say “I was thinking about you”. Below you will find a list of people who have donated in honor of a special occasion in a friend or family member’s life.

JERRY BLASINGAME
Ms. Katy Blasingame

OBED CRAMER
Charles & Mary Jo Arndt

LILLIAN COURTHEOUX
Mr. & Mrs. Richard Courtheoux

DAYTONA BEACH ET COMMUNITY
Ms. Janet Hirst

PHIL DE LAND
Ms. Linda Van Pelt

JOYCE DIPALMA
Mr. & Mrs. J. Robert Booth

JOE DRISCOLL
Col. & Mrs. Barry Pencek

SHARI FINSILVER
Mr. & Mrs. Robert Hakim
Joyce Keller & Michael Walch

GLORIA FISHEFADER
Ms. Karen Hemmerling
Ms. Vicki Fishfader

MICHAEL & JULIE FISHER
Mr. Kyle Fisher

AMY GRIFFIN
Mr. & Mrs. Robert Booth

KYLE GRIFFIN
Mr. & Mrs. J. Robert Booth

SUSAN ISRAEL
Mr. Michael Wahlder
Mr. Arthur Williams

LEW KAGAN
Mr. Eric Cosares

TERRI LACEY
Ms. Ashley Hobbs

HAZEL NELSON
Mr. Timothy Nelson

RODER NONDORF
Mr. Donald Decker
Ms. Joanne StLouis
Mr. Heer Dawg
Ms. Dawn Chiantello

JACH PETERS
Ms. Jane Standish

PONTIAC MI SUPPORT GROUP
Thomas and Sabrina Pilariski

TANYA POREMBA
Mr. Paul Skowronsks
Ms. Gloria Pozezninski
Ms. Patrice Steurer
Ms. Kimberly Dziadosz
Mr. Stephen Steurer

Ms. Dawn Bland
Ms. Kristine Benker

SHARON RITT
Ms. Phyllis Werbel

LAURA STRAUSS
Ms. Audrey Trachtenberg

RABBI ARNOLD S. TASK
Mr. & Mrs. John Simon
Mr. William Shrago
Campo Agency, LLC
Mr. & Mrs. Arthur Fass
Louis Wellan Community Fund
Mr. Dan Cohn

PHILLIP TUCKER
Mr. Philip R Tucker

LILLIAN WECHSLER
Ms. Ruth Solomon
LEGACY SOCIETY

PLANNED GIVING

Members of our Legacy Society have expressed their commitment to IETF through a very special and important form of financial support. These donors have named the IETF as the ultimate beneficiary of a planned gift. Such gifts might include a bequest and/or gifts of life insurance. These gifts contribute to the stability and long-term growth of the organization. It is a great way to have your support live on for years to come. If you would like to learn more about the Legacy Society or how to leave a bequest or gift of insurance to the IETF, please call our IETF Executive Director, toll free at 888.387.3667. The following individuals and families have generously named the IETF as beneficiaries in their wills or life insurance policies:

Deceased Donors
Warren Conklin Apgar Bequest
Robert Barfoot
Thelma Beatty Trust
Berner Charitable and Scholarship Foundation
Butler Family Trust
Shirley A. Cavanagh Bequest
Willima B. Cole Trust
Nancy M. Craig Trust
E. Ruth Crum Trust
Berryl G. Deming Trust
Maragaret Edwards Estate
Irene Feimer Anger Bequest
Howard Fisher Trust
Albert Gendron Living Trust
Anne Gilstrap
Frans Jahger
Edmond Jamieson
Laurita Hall Johnson Trust
Dorothy Helen King Bequest
Rose Kleiner Trust
Lois Kreider
Barbara Kurtz Trust
Lynn W. Martin Estate
Stephen A. Mohorich Estate
Paul T. Perney Trust
Dina Philips
Schmier Family Revocable Trust

William & Mary Shelley Trust
Dorothy Stevenson
Martin Stinar Trust
Delbert D. Utgaard Trust
Melville VanBuskirk Bequest
Kathleen Wambold Estate
John Zgliobicki Jr.

Living Donors
Judy Adams
Patricia Anesi
Leslie Balas
Marietta Budok
Karen Christenson
Lillian Courtheoux
Shari & Stan Finsilver
Marilyn Foreman
Goodenough Family Trust
William Hatton
Lorraine Hellstern
Sam Hodges
Joseph L. Hores
Raymond & Sarah Lamont
Richard Marcus
Carol Post
Byron Scott
Jacqueline Sydow
Janet Whittleseley
SUPPORT GROUPS

UNITED STATES

GARDENDALE, AL
Suzanne Frazier
205.602.4332
sfrazier1031@charter.net

HOT SPRINGS VILLAGE, AR
Janice Morrison
501.922.6656
jmhb@suddenlink.net

SUN CITY WEST, AZ
Ross Stapleton
623.428.6954
ofs40@yahoo.com

HOLLISTER, CA
Shirley Place
831.634.0899
shirleyblue2@att.net

MARINA, CA
Susan Cheuvront
831.224.6677
sioux0707@yahoo.com

PALM DESERT, CA
Janine Judy
760.285.0411
desertcharm55@aol.com

ROSEVILLE, CA
Paula Lavin
916.771.4866
rosevilleet@yahoo.com

SAN RAMON, CA
Sharon Alexander
925.487.5706
eastbayet@comcast.net

CT, ROTATES THROUGHOUT STATE
Helen Moser
203.922.2521
hbmoser@optimum.net

DAYTONA BEACH, FL
Janet Hirst
386.801.3906
janethirst@gmail.com

LADY LAKE, FL
Ken Taylor
352.787.3866
kstaylor62@usa2net.net

WEST PALM BEACH, FL
Harvey Glasser
631.493.9203
hglas34832@aol.com

SAVANNAH, GA
Phil & Nancy Bowden
912.352.7921
savnanbo@bellsouth.net

AURORA, IL
Donna Sperlakis
630.499.6619
donna.sperlakis@rushcopley.com

SCHAUMBURG&WINSFIELD, IL
Lynn Bernau
630.497.2142
lbb1219@yahoo.com

ANDALE, KS
Rita Severt
316.796.0769
sevartd@hotmail.com

LOUISVILLE, KY
Erika Ganong
502.291.3676
erika.ganong@gmail.com

CLINTON, MA
Carole Blum
978.365.5286
lillystream@comcast.net

CLARKSTON, MI
Tom & Sabrina Pilarski
248.672.8448
tomsabrina@me.com

GRAND RAPIDS, MI
Julie Dyke
616.322.1973
robjulie0895@att.net

ST. PAUL, MN
Sandra Varpness
651.335.4852
sandra.c.varpness@healthpartners.com

LEE’S SUMMIT, MO
John Martin
816.966.9496
mcaliberjon@aol.com

PERKINSTON, MS
Katelyn Swackhammer
601.530.6578
kswackhammer94@gmail.com

SYLVA, NC
Ted Kubit
828.631.5543
tkubit@frontier.com

HAUPPAUGE, NY
Harvey Glasser
631.493.9203
hglas34832@aol.com

HAUPPAUGE, NH
Eileen Keim
603.224.7829
travlr1776@gmail.com

ALBUQUERQUE, NM
Ken Whiton
505.453.1732
kwhiton43@gmail.com

SPARKS, NV
Sonia Revitt
775.384.2483
revitt245@gmail.com

NEW YORK, NY
Margaret Mackey
212.673.8207
peggymackey@nyc.rr.com

MOGADORE, OH
Brenda Libbey
330.980.4155
brendafaye01@hotmail.com

HAUPPAUGE, NY
Harvey Glasser
631.493.9203
hglas34832@aol.com

SEVEN HILLS, OH
Eric Hendrickson
216.369.9169
ehendrickson@essntlremor-cle.org

PORTLAND, OR
Stephen Loaiza
503.653.0006
smloaiza@comcast.net

HAZLETON, PA
Karla Foose
570.495.9714
etinhazletonarea@gmail.com
Support groups are not intended to provide medical advice or be a substitute for qualified medical care. The IETF does not assume any liability resulting from participation in a support group. The opinions held by the support group leaders, attendees or presenters are not necessarily those of the IETF.

Are you looking for a support group but don’t see one listed in your area? Consider volunteering as an IETF Support Group Leader, and help bring greater support and awareness to your community. Learn how to start a support group and keep it going for years to come at www.essentialtremor.org/volunteer.

Support groups are not intended to provide medical advice or be a substitute for qualified medical care. The IETF does not assume any liability resulting from participation in a support group. The opinions held by the support group leaders, attendees or presenters are not necessarily those of the IETF.

PITTSBURGH, PA
Darla Yesko
412.351.4564
dfyesko@gmail.com

TURBOTVILLE, PA
Marianne Yeagley
570.850.6223
smyeagley@verizon.net

BRISTOL, RI
Richard Anderson
401.396.5002
rickanderson28031@yahoo.com

MOORE, SC
John Remley
864.216.8113
jremley47@gmail.com

YORK, SC
Syliva Jameson
850.419.8624
lorip1958@gmail.com

NASHVILLE, TN
Jim Crowley
615.509.2386
bfl01937jim@yahoo.com

ABILENE, TX
Bob Kolquist
325.668.2063
bkolquist@mac.com

TYLER, TX
Elizabeth Guthrie
East Texas Medical Center
Neurological Institute
903.316.9700
guthrie.e.f@gmail.com

CLEARFIELD, UT
Trudy Hutchinson
801.391.3430
utahshakes@gmail.com

CENTREVILLE, VA
Shani Alcorn
702.502.0645
shaniva2014@gmail.com

CHARLOTTESVILLE, VA
John Watterson
434.973.2510
johnwatterson@comcast.net

RICHMOND, VA
Diana Campbell
804.556.2345
et.richmondva@yahoo.com

ROANOKE, VA
Dee Janis
540.266.7893
dianejanis@gmail.com

KIRKLAND, WA
Robert Delf
206.601.9217
bobdelf0523@gmail.com

MIDDLETOWN, WI
Kathy Muirhead
608.824.9130
madmidet@charter.net

INTERNATIONAL

SHEPPARTON, VICTORIA
AUSTRALIA
Christine Beer
614 27 331 104
thinchrisingmail.com

TORONTO, ON,
CANADA
Laura Labonte-Smith
416.429.2496
laura_ls@pathcom.com

BONN/COLOGNE, GERMANY
Albert Brancato
Selbsthilfegruppe Essentieller Tremor
+49-228-327153
albert.brancato@yahoo.de

GREATER NOIDA, UTTAR PRADESH,
INDIA
Ajit Singh
+919910230936
ajitsingh140354@gmail.com

NEW DELHI, INDIA
Mr. Divya Bhatia
+8860866399
divybhatia_16@yahoo.in

MORUGA, PRINCES TOWN
TRINIDAD & TOBAGO
Rebecca Noel
868.291.9599
jrhamilton143@yahoo.com

Are you looking for a support group but don’t see one listed in your area? Consider volunteering as an IETF Support Group Leader, and help bring greater support and awareness to your community. Learn how to start a support group and keep it going for years to come at www.essentialtremor.org/volunteer.

Support groups are not intended to provide medical advice or be a substitute for qualified medical care. The IETF does not assume any liability resulting from participation in a support group. The opinions held by the support group leaders, attendees or presenters are not necessarily those of the IETF.