

Executive Director Message

I am often asked what the IETF mission is. Quickly I reply, "to provide support, services and education to people with ET while funding research." Technically, that is what we do. We work to distribute literature, develop and maintain support groups, increase awareness and fundraise to benefit research. But, describing what the IETF does isn't telling the whole story. Why do we do what we do?

In thinking about this past year, I reflect upon the many programs that were developed and the advances that have been made in ET research. I think about our many friends and members whose support we could not have done without, the healthcare colleagues that made the ET Awareness events so successful, the bequest donations that supported our cause in a big way and the corporate support we received in order to accomplish so much.

I think about the IETF staff who gave so much more than time each day, cheerfully performing their duties and collaborating to find the best ways of meeting IETF goals and supporting people who have ET. I admire the commitment of volunteers, including support group leaders and ambassadors, in donating valuable time so important work can be accomplished. I appreciate the commitment of the Executive Board and Medical Advisory Board members who ensure that the IETF not only meets its financial and research commitments but also meets its ethical and moral obligations to donors.

So just what about this past year, beyond the accomplishments listed in this annual report, explains why the IETF does what it does?

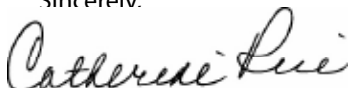
It is you! You are the reason we do what we do and why we do it. It is you who make us a strong, viable and committed organization. It is you, the 10 million and more who have ET and your families that are the reason we do what we do.

So while the mission determines the organizations activities, I want to reassure you that in performing those activities you are never far from our thoughts. The IETF is your organization. You are the fuel that drives the engine of every activity, program and research endeavor.

As we look forward to FY10, we again promise to work tirelessly on your behalf by funding research to find better treatments for ET and by reinforcing ET awareness so the public better understands your concerns and challenges.

In closing, I want to thank you for your support, commitment and loyalty. Though great strides have been made, there is still much to do.

Sincerely,



Catherine Rice
Executive Director

Lyons New IETF Executive Board President

During the fall of 2008 Kelly E. Lyons, PhD, who has previously served six years as the vice-president of the IETF Board of Directors, succeeded Peter A. LeWitt, MD as the president of the Board of Directors. Dr. LeWitt now serves as vice-president.

Professionally, Kelly is a research associate professor of neurology and director of research and education for the Parkinson's Disease and Movement Disorder Center at the University of Kansas Medical Center, Kansas City, KS. Her work focuses on clinical care, research and education for persons with ET, Parkinson's disease and related disorders.

"I am honored to have the opportunity to be president of the IETF, and proud to be part of an organization that has provided invaluable support and education to help improve the quality of life for so many persons with ET."



President
Kelly E. Lyons, PhD

IETF Staff

Four people work in the IETF office:
Catherine Rice, executive director
Debbie Lovelace, publications editor and public relations specialist
Dee Ragan, coordinator for support groups and events
Carol Rucker, membership coordinator, memorials and honorariums



Executive Director
Catherine Rice

Community Ambassadors

IETF Ambassadors are self-motivated leaders who serve as volunteer representatives of the IETF in their communities and surrounding areas. Each Ambassador works with the IETF to increase awareness about ET, help increase the number of support groups, provide support to support group leaders, provide educational information, increase fundraising potential and enhance the relationship between the IETF national office and their communities.

During FY09, the IETF added four new Ambassadors to the Community Ambassador program:

- Tim Beals, Prince Edward Island, Canada, the IETF's first Online Community Ambassador, maintains a presence on several social networking sites.



Tim Beals

- Patrick Farrell, Hilton Head Island, SC serves the southern, Mid-Atlantic coastal region.
- Mary J. Fitzpatrick, Manchester, MO serves the St. Louis, MO metropolitan area.
- John Gijzen, Appleton, WI serves eastern Wisconsin.

Ongoing IETF Community Ambassadors are Preston Boggess, southwest Virginia and Peter Muller, eastern Virginia, Maryland and Washington, DC.

The IETF is proud of the Ambassadors and thank them for their support, hard work and dedication to helping those with ET. The Ambassadors did a magnificent job in creating a greater unified community spirit through their efforts at establishing additional support groups, creating greater public awareness and establishing viable relationships with community healthcare providers than ever before. The Ambassador Program was funded by a generous grant from the Medtronic Foundation.

The plan for FY10 is to write a grant to extend and expand the program, design new marketing materials and provide more information resources for the media.



Preston Boggess



Patrick Farrell



Mary J. Fitzpatrick



John Gijzen



Peter Muller

Support Groups

After beginning FY09 by restructuring older support groups and eliminating inactive groups, the IETF concentrated on leadership training for new and prospective support group leaders. Since there were numerous groups started in a short period of time by ambassadors, Preston Boggess and Peter Muller, the IETF facilitated an all-day Support Group Leader Training and Support Conference in Charlottesville, VA. The meeting was attended by active and prospective support group leaders from Maryland, Virginia and West Virginia.

By the end of FY09, restructuring of the support group leader system was complete. We now have a total of 63 active support groups and more being developed each month. All new and prospective support group leaders receive a training DVD and manual to help establish and maintain their groups. Dee Ragan, IETF staff member responsible for the development of support groups, works closely with each leader in establishing their groups and marketing meetings through mailings.

The plan for FY10 is to develop several more support groups, particularly in the areas where the Community Ambassadors are located. Support group leaders and members of the support groups will be encouraged to attend more community health fairs, assist in the distribution of literature and promote the group through the various community media resources.

Awareness Activities

IETF Goes to Washington

While attending the Nonprofit Congress in Washington DC, in June 2008, IETF members from three states along with IETF staff members took the ET story to congressional representatives, asking for sponsorship of a proclamation calling for a National ET Awareness Month. Appointments were scheduled in the offices of Sen. Sam Brownback (KS), Rep. Samuel Graves (MO), Rep. Christopher Van Hollen, Jr. (MD), Sen. Jim Warner (VA), Sen. James Webb (VA), Rep. Frank Wolf (VA), Rep. Eric Cantor (VA), Rep. Tom Davis III (VA), and Rep. Bob Goodlatte (VA). Information packets about ET were left in the offices of Sen. Pat Roberts (KS), Sen. Robert Byrd (WV), Sen. Claire McCaskill (MO), and Rep. Rob Wittman (VA).

The plan for FY10 is to work with Senator Sam Brownback and Senator Richard Durbin to sponsor and co-sponsor the National ET Awareness proclamation so it can get approved for roll out in March, 2010.

Tulips for Tremor™ and Shaking Up Awareness Merchandise

The IETF designed Tulips for Tremor™ and the Shaking Up Awareness About ET shirts, caps and tote bags to help raise awareness about ET and support research and related initiatives. These items were sold online and through mail order.

The Tulips for Tremor™ pin and pendant were designed and donated for the fundraiser by Janis and Harvey Eismen as a way to honor their 40 year friendship with Shari and Stanley Finsilver. Shari is a past president of the IETF. The Eismens' design celebrates this friendship through giving, and symbolizes hope and the wearer's awareness of ET and support for those who live with it every day.

The Eismens have been in the jewelry business for 18 years as owners of Southfield Gold and Diamonds, Flint, MI. Through referrals, they sell jewelry in their community and throughout the country.

Veterans Awareness

The IETF became a member of the VA Consortium Center Network that was launched in 2006 as a means to broaden the impact of the VA Parkinsons Disease Research Education and Clinical Center (PADRECC) mission. Fifty designated Consortium Centers provide specialized movement disorders services within all Veterans Integrated Service Networks (VISN(m) and with the PADRECCs creates a hub and spoke model of care that is highly innovative

and effective. The IETF provided educational materials to the healthcare providers within the centers as well as to veterans.

Community Awareness Events

IETF Community Education Events were held again during FY09 and ran through May, 2009 to complete the scheduled 19 events funded by an unrestricted Medtronic Corp. educational grant. Approximately 1,500 people attended to learn about the diagnosis and treatment options for ET. The events took place in Rochester, MN; Atlanta, GA; Nashville, TN; Aurora, IL; Buffalo, NY; Philadelphia, PA; Richmond, VA; Fairfax, VA; Springfield, MA; Greensboro, NC; Charlotte, NC; Columbia, SC; Charleston, WV; Los Angeles, CA; Charleston, SC; Chicago-Deerfield, IL; Seattle, WA; Oxnard, CA; Cleveland, OH.

The plan for FY10 is to continue the education and awareness program by holding 20 more community education events throughout the US.

Medical Conference Attendance

The IETF staff attends as many medical conferences as possible in order to distribute educational literature and gather physician names to create ongoing relationships. This year, the staff attended two medical conferences – the American Association of Neurology (AAN) and Movement Disorder Society (MDS) Conferences in Chicago, IL in April and June of 2008.

The plan for FY 10 is to continue this practice and attend the AAN Meeting in Seattle, WA as well as the Neuroscience Meeting in Chicago, IL to increase awareness about the IETF research program and interest in ET research.

Fundraising

Tulips for Tremor™

The second annual Tulips for Tremor™ fundraiser was held between February 1 and September 1, 2008. The fundraiser was developed to increase awareness about ET and raise funding for research initiatives. The fundraiser was once again successful with tulip sales revenue of \$12,758 and member sponsorships of \$26,590. Sponsorship money was used to place awareness advertisements in AARP Bulletin, Grand and Mature Living Magazines. Tulip jewelry sales revenue totaled \$1,893.

Shaking Up Awareness

The second fundraising campaign focused on increasing awareness for ET. Polo shirts, button front shirts, caps and tote bags carrying the slogan Shaking Up Awareness about ET were offered. Gross sales revenue totaled \$3,888. While disappointing, it should be noted that the economy had just turned downward at the beginning of this campaign. While revenue from sales was slow it was also steady. The hope is that the revenue from sales will increase in FY10.

Goulden Touch Foundation

Chicago Bears placekicker Robbie Gould joined the fight against ET by partnering with the IETF to raise funds to support ET research. Gould understands the daily activity and financial challenges people with ET face as he maintains a close relationship with a family friend who is bravely facing the disorder. The IETF was proud to be a signature sponsor of the first annual “Kick Off for a Cause” to benefit those with ET. The fundraising gala — hosted by Gould and held at the Hard Rock Hotel in Chicago, IL on Friday, October 10, 2008 — raised \$102,085. After expenses, \$50,000 will be designated for research funding and the remainder will provide financial assistance to those with ET.



Robbie Gould

FY10 fundraising plans include the third annual Tulips for Tremor™ campaign, which will include the sale of Tulips, merchandise, pins and pendants. The IETF will continue to sell books and work with the Goulden Touch Foundation on the second annual ET research fundraiser in Chicago, IL during the fall of 2009. Also, planning is underway for a walk-a-thon to coincide with the March 2010 ET Awareness month in Illinois.

Publications

- In the fall of 2008, Tremor Talk became a 4-color member magazine with full-length feature articles. Published twice a year, this change was initiated because of increasing postage and print costs. Adding a few extra pages to a publication is considerably cheaper and only costs a few cents more to mail than publishing a third newsletter and incurring separate postage fees. Reactions to the new format have been very favorable.
- Spanish versions of the Patient Handbook, the general brochure, the ET Fact Sheet, Medications Sheet and Coping Tips Sheet were produced and offered.
- Previously published essays, abstracts and articles written for the IETF by movement disorder specialists and specialized health care providers was bound in a 137-page Anniversary Edition of Essays. The content spans 20 years, 1998-2008 of what is known about ET. The spiral bound book will be offered for a limited time only.
- The FY09 Annual Report was reformatted as an eight-page insert to the Fall 2008 edition of Tremor Talk in order to save on postage and print costs. A stand-alone version was also created for distribution and available on the IETF website.



Memorials

April 1, 2008 through
March 31, 2009. Memorialized in capitals and donors in lower-case italics.

MARIE V. ALLMENDINGER
Doris M. Danekind
ILLENE ANDERSON
Thomas Anderson
Judy Dunbar
Nancy Stockert
RINNA ATKINS
William Smoot
Kathy Rial
SYLVIA BARAK
Shelly Guggenheim
James Wishart
EDWARD S. BENTZ
Mary Jane Bentz
Robin Wolgast
ANNA BERNER
Morton Ozur
THOMAS E. BURDICK
Darlene Merchant
FRANCES CARLINE
Gerald Barker
Stephen Barkin
Dennis Brophy
Gary Mellema
Thomas Miller
Ole Paugh
RMC Research Corp.
Richard Quindt
Robert Quindt
Isabel Wilson
AL CONE, JR.
Charles H. Damsel
HUBERT COX, JR.
Toni Silverman
JOSEPHINE K. DEWING
Eugene R. Armstrong
Bill Hulltquist
Brenda Miller
Gary Schanz
HARRY D'ORSI
Mike Cassettari
Robert Flohr
Michael Gerstein
Edward L. Longo
Patrick Theberge
Joseph's Industrial Catering Corp.
FREDA DIGNEAN
Madelyn H. Pruski
MARTHA DUMLER
D. Edward Elliott
RAYMOND EESLEY
Delphi Electronics & Safety
Richard Griffin
Ike Stage
DAVID EHRICK
N. Romelle Ehrick
H. LEON ENSIGN
Helen Ensign
DARREL FENTON
Gerald Barnes
Jeanne Benson
Robert O'Brien
Barbara Gary
Susan L. Haley
Haley Herriott
George W. Howe

Dorothy J. Jacobson
Glenn Markham
Michael Schmid
Joseph W. Turner
ALEXANDER FORBES
Dorothea V. Forbes
EDWARD FRANK
Laura Frank
RUTH ERICH GALE
Douglas Armstrong
Jeanne M. Black
Dick Coombs
Gary JCoon
Mike Drusbacky
Robert Gulas
Robert Hartung
Terry Hetrick
Carl Koebel
Stephen C. Miely
John Papcun
Charles Rainger
Marilyn Russell
John Seiler
Paul Stark
Evelyn M. Sweet
Wayne Warden
Herman Weibel
Jeff Williams
Rodney R Zerkle
JAMES GALLAGHER
Charles H. Damsel
DEAN GARRETT
B. Jane Garrett
MARY GRABOSKI
Byron Scott
HARRY GUTKOWSKI
Pamela Eder
RUSSELL HAGEN
Ella Hagen
VERNA HAKUCHA
Charles H. Damsel
ROBERT HARTZELL
Margaret M. Ackerman
Julie Garvin
Nancy Mowrey
Thomas Neith
Janice E. Rossetti
Donald Wieand
Saucon Valley High School
Moravian College Softball Team
DOLTON H. HERMELING
Charles H. Damsel
RICHARD J. HILLMAN
SEA Retired Teachers Group
MARILYN HUFFMAN
Lee R. Huffman
MOLLIE ISAACSON
Sharon Ritt
LUCILLE IVICH
Nancy Kuntz
Tony Moon
Shriners Hospital for Children - St. Louis, MO
BETTY P. JACOBSON
West Suburban ET Support Group
RICHARD LAWSON JOHNSON
Hollis Armstrong
Carl Carver
Leslie Usher
MARY PAT KIEHM
Jan Krembs
VESTAL KING
Naomi King
Verna Lippke
Werner Schmidt
MAXINE KORT

Shawn Burk
Michael Cohen
Lori Davidson-Mertz
Steven & Nancy Epstein
Arnie Fellman
Richard Fink
Shari & Stanley Finsilver
Nate & Cathy Forbes
Stefany Freeman
Robert Gaberman
Sheila Hecht
Bruce Israel
Mark Jacobs
Mitzi Jacobs
Stan Jacobson
Dennis Kay
Jerry Kohen
Alger P. LaHood
Hy Levine
Walter Marshall
Jodi Millman
Allan Rein
Debbie Robbins
Todd Sachse
Valerie Schanes
David Schlanger
William Seppala
Bernadene Strager
Truman D. Timmis
Jocelyn Tink
Julie Zalla
JEAN T. KRAMPERT
Alice Jean Kaufman
Craig Flinn
ALVIN KRUPICKA
Sidney Buchanan
John Christian
Larry Curd
Edward J. Kastanek
Kenneth Krupicka
Alan Krupicka
Alan Krupicka
Dolores Krupicka
Emil Odvody
Stella Turowski
J.R. LATHAM
Martha L. Bass
HELEN LEDERMAN
Bruce Marger
FREDERICK LEVERSUCH
Jim Battle
Sandra Berman
Michael Champagne
David Dalsin
Harriett E. Fox
Patrice Flower
Irene Freeborough
June M. Israel
Michael Grysiewicz
Elsie Johnson
Margaret Kiernan
Martha Leversuch
Jean Middlekauff
Toby Sirota
Don Theisen
Jan Wildman
IBM Corp.
ECHO LONG
Nancy Willison
NANCY MCLAIN
Marianne Yeagley
MAXINE MARCUS
Estelle Salzman
ROBERT MAYNARD
Red Rock Crossing Village, Inc.
HELEN MCRAE
Roy L. Dudley

GENEVIEVE MEINHOLZ
Stephen Borgwardt
Dorothy Haines
Michael Lutz
Vern Meinholz
Roseanne Wilhelm
KATHERINE HULTZEN MENDEL
Carl Hultzen
GEORGE E. MITCHELL
Robert E. Mitchell
DR. HENRY MURRAY
Nell Younger
KATHERINE B. NEIRINCKX
Joe Thayer
HUGH CHANDLER NICHOLS
Steve Fairbanks
Campbell R. King
MR. & MRS. KENNETH OGILVIE
Margaret Ogilvie Ellis
AMANDA & GLADYS OREFICE
Maryann Steinfeld
LOUIS OTTO
Chris Moody
Dorothy E. Otto
ROY PIERCE
Norma Doherty
NETTIE FENLONG POLLARD
Madge B. Campbell
JOSEPH POUNCEY
James T. Green
REVIE RADER
JoAnne M. Tremper
RICHARD RELLO
James Franzosa
WINIFRED REILLY
Carol Brownlee
DONNA RICKER
Robert L. Capone
Virginia Coppola
Maryann Corsini
Dorothy Curtis
John Haddigan
Priscilla Jane Huston
Dorothy B. Kelso
David K. Maynard
Joseph Mier
Fran Morrison
Julie, Bob, Tess & Jack Pritchard
Arnie & Richard Owens
Helmut Reinhardt
Richard Roby
Forrest Glenn Sawyer
Lawrence A. Zonshine
BILL RINGLEY
Florence W. Ringley
LOLA ROBIN
Barry Roberts
SYLVIA ROUFF'S
Husband
Shari & Stanley Finsilver
MURIEL RUBIN
Rosalind Schulkin
MURIEL RUDACK
Shari & Stanley Finsilver
THEODORE RUDNER
Shari & Stanley Finsilver
EDGAR SEATON
Gloria Oertle
Elaine Textor
LEONARD SEECH
Alamo Wood Products, Inc.
Enterprise Engineering Consultants, LTD
Stephen F. Ferris
James F. Gayton

Robert J. Hartsock
 Alice S. Herald
 Evano Lenzi
 James D. Miller & Sons
 Loretta F. Terrick
 Thomas Wright
 PAUL SELEGMAN
 Miriam S. Lewis
 CURTIS SEICHTER
 Merrill & Pete Peterson
 EVELYN SHELEDY
 Adrunne Morrison
 Randall Morrison
 Patricia Vigna
 JOAN SPIELHOLTZ
 Gerald I. Spielholtz
 BYRON STEITZ
 Edna M. Steitz
 SHIRLEY STETSON
 Norma Doherty
 Dale C. Stapleton
 BERTHA STONE
 Roslyn M. Meyer
 ROSALIE THIES
 Gordon S. Bowie
 Eleanor Carpenter
 Lillian Childress
 William Jenkins
 Saundra R. Maulson
 Darrell Sutherland
 Douglas Thies
 DuPont HF Mechanical Shop
 SIDNEY THOMSON
 James Thomson
 Paul Resnick
 Rita Semel
 RUTH TRAEGER
 Norman L. Traeger
 LOIS TRUEBLOOD
 Harvey A. Wilson
 LOIS IRENE TUCK
 Bruce C. Tuck
 VERA VOLK
 Vanna Jane
 Alice J. Volk
 MARY JANE WALKER
 Toni Grimm
 ROBERT WATT
 Arlene Watt
 HELEN WILLIAMS
 Amy Casai
 BILLY & TAMMY WOOD
 Doris G. Wood
 OSCAR WORD
 Edith Word
 LOUISE YOUNGER
 Alfred Jenkins
 AVNNER ZAFARYAR
 Blake Froehlich
 EILEEN G. DAVIS ZERN
 Charles H. Damsel
 MARY DONNELLY ZEPP
 Alan Frisher
 Dianne Zabel

Honorariums

April 1, 2008 through
 March 31, 2009. Those
 honored listed in uppercase,
 donors listed in italics.

THE ABERGEL FAMILY
 Shari & Stanley Finsilver
 DORIS & JIM AUGUST
 August's 50th Anniversary
 Shari & Stanley Finsilver
 MARY BARKER
 Mary Hockman
 GERRY & ED BARNETT
 Gail Burns
 Louise Carter
 DAVID R. BARRY JR.
 Hannah Lee Hagen
 JOHN BIXLER
 Jonathan Bixler
 Mark Bixler
 LAUREN BEAN
 Shari & Stanley Finsilver
 PRESTON BOGGESE, MD
 Bob Bayer
 TEDDY BOLAK
 Shari & Stanley Finsilver
 AVIS BOLSON
 Lin Simpson
 SYLVIA BROCKSTEIN
 Heidi Brockstein
 LILLIAN A. COURTHEOUX
 Richard Courtheoux
 RICHARD & TERRI COURTHEOUX
 Anniversary
 Lillian A. Courtheoux
 GRETCHEN ECKERIE
 Joan L. Reiber
 JANIS & HAVEY EISMAN
 Shari & Stanley Finsilver
 JULIE EISMAN
 Shari & Stanley Finsilver
 JOHN EVANS
 JoAnne M. Tremper
 DOUG & ALEXANDRA FEURRING
 Marriage
 Shari & Stanley Finsilver
 SHARI FINSILVER BIRTHDAY
 Frances J Finsilver
 SHARI & STANLEY FINSILVER
 Arthur Dably
 Bernie Friedman
 Harold S. Loss
 Johannah Whitefield
 Jeff Binder
 JEANTETTE FORTUNA
 Edward J. Fortuna
 MAGGIE GESER
 L. Richard Geser
 TARA & STEVEN GREKIN
 Shari & Stanley Finsilver
 GINA HORWITZ
 New Position
 Shari & Stanley Finsilver
 DYLAN HYMAN
 Richard Hyman
 LESLIE JACOB
 Birthday
 ROBIN KAHN
 Eli Singer

ALAN & BARBARA KAPLAN
 Engagement of Benji & Meg
 Shari & Stanley Finsilver
 THE KATZ FAMILY
 Shari & Stanley Finsilver
 ROBERT KEARNEY
 Celeste Null
 KATIE SOLOMON & MICHAEL
 KOMORN
 Shari & Stanley Finsilver
 ARTHUR KORT
 Birthday
 Harold Kort
 HAROLD KORT
 70th Birthday
 Barbara Gordon
 THE KRAMER FAMILY
 Shari & Stanley Finsilver
 NATALIE KUSILEK
 Laurie Hansen
 ALBERT LEVINSON
 Robert Levinson
 STANLEY LIPSON
 Franklin Gilbert
 Murray Zwicker
 Sarai Zitter
 DALE E. MCGREGOR
 Jim Loftis
 MARILLA MCGREGOR
 Jim Loftis
 DONNA MADDIN
 Shari & Stanley Finsilver
 ALBY MARCUS
 Birthday
 Estelle Salzman
 BEVERLY & HARB MYERS
 Sidney Fagelman
 Rosalyn Goldberg
 MY ET FRIENDS
 Mirca Liberti
 SARAH & SY NEUMAN
 65th Anniversary
 JOEY FAYE OLESKY
 Suzanne Zimmer
 THE PAUL FAMILY
 Shari & Stanley Finsilver
 JACKIE POMERANTZ
 Trish Gilbert
 VIRGINIA PHILLIPPI
 Thomas Phillippi
 THE POLLACK-FIELDS FAMILY
 Shari & Stanley Finsilver
 MARIE QUINN
 William Quinn
 Patrick Quinn
 SUSAN RAUFMAN
 Betty Babetch
 THE RIVERS FAMILY
 Shari & Stanley Finsilver
 JOAN ROBBINS
 Doris M. White
 LYNDA HANSEN ROBINSON
 Joseph G. Robinson
 RUTH
 Harold Wiseman
 ROBERT SCHRAWGER
 Cathy Bennett
 ANETTE HERRERA & RYAN SPOON
 Engagement
 Shari & Stanley Finsilver

NATE TARNOFF
 Gladys Keats
 GIACO TRAGGIO
 Birthday
 George Gund
 E. Gloria Hoffenberg
 EUGENE TRECSCOTT
 Mary Ellen Urzetta
 MARILYN & STEVEN VICTOR'S
 GRANDSON
 Shari & Stanley Finsilver
 JEFFREY WEISS
 Shari & Stanley Finsilver
 SHERI WEISS
 60th Birthday
 Shari & Stanley Finsilver
 THE ZIEBER FAMILY
 Marjorie L. Zieber
 SUSAN C. ZIMMER
 Suzanne Zimmer



Financial Report

Net Assets

There was an increase in net assets of \$70,016. The \$72,845 in restricted funding released from restrictions was used to fund programs budgeted for FY09. These funds consisted of donations received in FY08 designated and restricted for the purpose of funding research, funding provided by the Medtronic Corporation for the purpose of facilitating ET Community Events and funding provided by the Medtronic Foundation for the Ambassador program.

When comparing FY09 to FY08, membership dues revenue totaled \$336,729. This was an increase of \$15,270 or 4 percent. Special events revenue of \$149,496 consisted of the Tulips for Tremor campaign, and revenue from books, mouse adapters and merchandise. This was an increase of \$31,810 over last year or 27 percent. Donations under the category of Contributions is the result of revenue from grant support, gifts and other contributions. These donations decreased \$33,301 over last year. Bequest and memorial revenue consists of revenue received from memorials, bequests and research. Memorials and bequests totaled \$100,968 with the remainder of \$18,960 received from research. This total reflects a decrease in giving of \$278,721.

The reduction in revenue is attributed to the downward trend in the economy since September 08. The IETF hopes to curb the downward trend in revenue during FY10 and seek additional funding from new sources in order to maintain the education, awareness and research programs that currently exist.

Expenses

Total expenses increased \$71,996 compared to FY08 due to the collaboration with the Goulden Touch Foundation and the fundraising expenses associated with the first large fundraiser. This increase is not considered detrimental but a necessity in order to increase funding for research. Based on the positive outcome, additional fundraisers of this type may be on the horizon in order to tap into larger sums of funding for larger research projects.

Programs expenses were up slightly at \$2,338 and is the result of a small growth in services necessitating more educational materials, a greater number of ET Community

Events, and community outreach through the Community Ambassador program. Community outreach was in part funded by unrestricted educational grants provided by the Medtronic Foundation, Medtronic Corporation and the ANS Corporation. Program expenses accounted for 81 percent, Management and General Expenses 10 percent and Fundraising (net expenses) 9 percent.

Expenses remained consistent, with the exclusion of the Goulden Touch Foundation and IETF fundraiser. Expenses are expected to remain stable, if not lower, throughout FY10 as the organization seeks to tighten expenses to offset the possibility of lower revenue during the slower economy.

Independent Auditors' Report

We have audited the accompanying statements of financial position of International Essential Tremor Foundation (a non-profit organization) as of March 31, 2009 and 2008, and the related statements of activities, functional expenses and cash flows for the years then ended. These financial statements are the responsibility of the Organization's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of International Essential Tremor Foundation as of March 31, 2009 and 2008, and the changes in its net assets and its cash flows for the years then ended, in conformity with accounting principles generally accepted in the United States of America.

DANA F. COLE & COMPANY, LLP
Overland Park, KS
July 8, 2009

International Essential Tremor Foundation

Statements of Financial Position

March 31, 2009 and 2008

ASSETS		
	2009	2008
CURRENT ASSETS		
Cash	544,543	255,808
PROPERTY AND EQUIPMENT		
Office equipment	44,967	33,930
Less accumulated depreciation	(34,050)	(30,399)
Net property and equipment	10,917	3,531
OTHER ASSETS		
Certificates of deposit	152,063	378,168
Security deposits	1,100	1,100
Total other assets	153,163	379,268
TOTAL ASSETS	708,623	638,607
LIABILITIES AND NET ASSETS		
LIABILITIES		
Accounts payable	15,757	0
Accrued expenses	18,939	15,803
Total liabilities	34,696	15,803
NET ASSETS		
Unrestricted	309,867	221,937
Unrestricted - Board-designated - emergency reserve	25,000	25,000
Total unrestricted net assets	334,867	246,937
Temporarily restricted	339,060	375,867
Total net assets	673,927	622,804
TOTAL LIABILITIES AND NET ASSETS	708,623	638,607

Statement of Activities

March 31, 2009 and 2008

	2009			2008		
	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
REVENUES, GAINS AND OTHER SUPPORT						
Contributions	57,770	36,038	93,808	94,407	32,702	127,109
Honoraria				7,738		7,738
Interest and dividend	15,207		15,207	21,873		21,873
Membership dues	336,729		336,729	321,459		321,459
Memorials and bequests	119,928		119,928	114,649	284,000	398,649
Other exempt function revenues	34,255		34,255	13,878		13,878
Program service fees	1,925		1,925	21,015		21,015
Special events	149,496		149,496	92,917	24,769	117,686
715,310	36,038	751,348	687,936	341,471	1,029,407	
Amounts released from restrictions	72,845	(72,845)		42,009	(42,009)	
Total revenues, gains and other support	788,155	(36,807)	751,348	729,945	299,462	1,029,407
EXPENSES						
Program expenses	451,969		451,969	449,631		449,631
Management and general expenses	58,888		58,888	58,929		58,929
Fundraising expenses	189,369		189,369	119,699		119,699
Total expenses	700,225		700,225	628,259		628,259
CHANGE IN NET ASSETS	87,930	(36,807)	51,123	101,686	299,462	401,148
NET ASSETS, beginning of year	246,937	375,867	622,804	145,251	76,405	221,656
NET ASSETS, end of year	<u>334,867</u>	<u>339,060</u>	<u>673,927</u>	<u>246,937</u>	<u>375,867</u>	<u>622,804</u>

Continued from page 3

FY10 Publications plan includes updating all literature with a new IETF logo and design format, beginning in May, 2009. The publications that currently exist will be reviewed to determine if a better format can help save paper and printing costs.

FY10 Website plan includes a complete overhaul of the IETF website. The current site has become too industrial due to its content and is not easy for people to navigate. Content will be rewritten, the new site will provide easier access to educational materials for the newly diagnosed and for those people already diagnosed who want quick access to treatment options. Work will begin in June, 2009.

Research

The IETF awarded \$66,000 in research funding to two exceptional researchers in the field of ET in FY09. Final project completion is the fall of 2009.

Holly Shill, MD, Director, Thomas H. Christopher Center for Parkinson's Research, Sun City, AZ, has been awarded \$36,000 for the study, "Brain Catecholamine System in Essential Tremor." The objects of this study are to determine and compare levels of three proteins in the brains of ET subjects, confirmed Lewy Body disease subjects and a control group.

Fatta Nahab, MD, assistant professor of neurology, Department of Neurology, University of Miami, Miami, FL was awarded \$25,000 for the study, "Identification of the Neural Generator(s) in Essential Tremor using Functional Magnetic Resonance Imaging." The objectives of this research are to locate, through the use of MRI, a region of the brain with similar oscillatory features (tremor) as the subject's observed symptomatic tremor; compare and contrast how tremor changes during various activities and at rest; and, assess the impact of alcohol on these selected areas of the brain and on the subject's tremor.

Bequests

The IETF received two bequests totaling \$100,968. The IETF is very grateful to the families of those persons listed below for the support received through bequests and memorials.

- Howard Fisher Charitable Trusts, Chico, CA, \$46,968. This bequest is restricted and will continue for a total of 16 more years.
- Paul T. Perney Trust, \$54,000, Fayette, MO. This bequest is restricted for research.

Again, the IETF thanks the Fisher and Perney families for their commitment and support to our mission and dedication in funding ET research, continuing the struggle to raise awareness and educate the 10 million people and families who are effected by ET.

Presidents Club

The IETF would like to recognize and thank the members of the Presidents Club FY09 for their valuable support and leadership. For more information about the Presidents Club, call IETF Executive Director, Catherine Rice, at 888-387-3667.

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Matching Gift Contributions FY09

- AK Steel Foundation
- Aetna Foundation, Inc.
- Bank of America Matching Gift Program
- Blue Cross Blue Shield of Minnesota
- ExxonMobile Foundation
- FM Global Foundation
- GE Foundation
- GlaxoSmithKline Foundation
- ITW Foundation
- Johnson & Johnson Family of Companies
- Microsoft Giving Campaign
- Schneider Electric/Square D Foundation
- The Home Depot Foundation
- Verizon Foundation
- WellPoint Associate Giving



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