



Essential Tremor (ET) Brain Tissue Donation

a legacy of love

About Essential Tremor Research

Although essential tremor (ET) is a common neurological disorder, the cause of ET is still unknown. Finding the cause of ET is important because researchers can then work on finding new treatments for ET and eventually a cure.

Unfortunately, there is a severe shortage of brain tissue for research. Without this research, nothing will change for people with ET. Your children, grandchildren, and future generations can reap the benefits of better treatments and eventually a cure from ET-related brain research.

Brain Tissue Donation Will Not

- Disfigure a body. An open casket funeral is possible.
- Delay the funeral.
- Cost anything but the price of a phone call and a few hours.

Brain Tissue Donation Will

- Increase medical knowledge of ET.
- Offer hope in finding the cause(s) of ET.
- Result in better prescription drug treatment.
- Lead the way in finding a cure for ET.
- Be the most precious gift you give to your children, grandchildren, and future generations.

How and When Do I Decide?

This is a personal decision. If you are considering a brain tissue donation, then we do recommend the following steps:

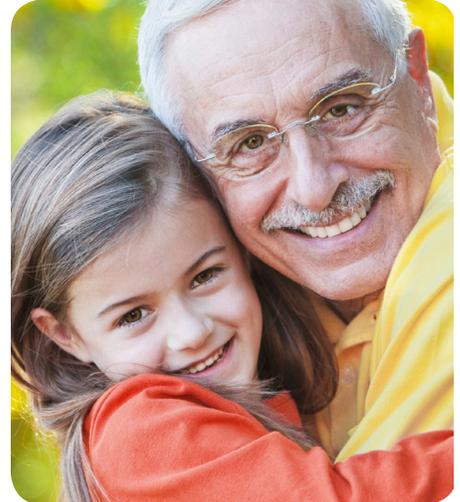
- Call the **Essential Tremor Centralized Brain Repository** for more information.
- Discuss options with those whom you love and respect.
- Make your decision on your timetable.
- Make your decision known to loved ones.
- Put your decision in writing as an advance directive, separate from your will.

For more information on brain tissue donation, contact:

The Essential Tremor Centralized Brain Repository,
Columbia University, NYC, NY.

Phone: 212.305.8513

Email: tremor@columbia.edu



The majority of the world's religions approve of organ donations that advance medical knowledge and improve quality of life.

If you have questions about organ donation, please contact your religious leader.

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Your Voice for Essential Tremor

Our Mission:

The IETF funds research to find the cause of essential tremor (ET) that leads to treatments and a cure, increases awareness, and provides educational materials, tools, and support for healthcare providers, the public, and those affected by ET.