



# SUPPORT GROUP LEADER

## POSITION DESCRIPTION

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Thank you for your interest in becoming an Essential Tremor Support Group Leader (SGL). Please read through this position description to get a better understanding of the responsibilities, qualifications, and benefits of leading a support group in your community. You are welcome to call or email the International Essential Tremor Foundation with any questions.

### Support Group Leader Program

The International Essential Tremor Foundation is a 501(c)3 not-for-profit based in Overland Park, Kansas with a mission to spread awareness, provide educational information, and fund research to find better treatment options and a cure for essential tremor.

Support group leaders are very special individuals who give freely of their time and talents, working on behalf of their community without financial compensation.

#### *Support Group Leaders in each community works with the IETF to:*

- Increase awareness about essential tremor.
- Increase the number of support group participants.
- Provide a local contact for educational information.
- Develop and enhance a relationship between the IETF and the local community.

### Responsibilities

#### *Support Group Leaders are responsible for:*

- Maintaining an active support group.
- Building relationships with local physicians, health care professionals, and government and community representatives, in order to raise awareness, increase group membership, and retain guest speakers.
- Dispersing IETF literature to support group members, health care providers, libraries, senior centers, nursing homes, and other businesses and organizations, as needed.

### Qualifications

#### *Support Group Leaders need to possess the following qualifications:*

- Strong desire to help support and educate others about essential tremor.
- Ability to communicate with diverse groups of individuals, regardless of age, race, ethnicity, income, religion, or political affiliations. Experience in public speaking or a desire to do so is a plus.
- Thorough knowledge of essential tremor or the ability to become knowledgeable.
- Access to the Internet and an active email address, for community communication.

## Benefits

*There are many benefits to being a Support Group Leader:*

- Ability to bring people together in a positive, friendly and nurturing environment.
- Raise awareness in your own community.
- Assistance in advertising your group in IETF publications.

## Application Process

*Here are the steps to becoming Support Group Leader:*

1. Review this position description and the "Support Group Leader Training Guide".
2. Complete an online application.
3. Participate in a short phone interview.
4. Begin planning your first meeting.

*"Never doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has."*

*- Margaret Mead*



International Essential  
Tremor Foundation

*Your Voice for Essential Tremor*

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