



Essential Tremor (ET)

# Brain Tissue Donation

a legacy of love

## About Essential Tremor Research

Although essential tremor (ET) is a common neurological disorder, the cause of ET is still unknown. Finding the cause of ET is important because researchers can then work on finding new treatments for ET and eventually a cure.

Unfortunately, there is a severe shortage of brain tissue for research. Without this research, nothing will change for people with ET. Your children, grandchildren, and future generations can reap the benefits of better treatments and eventually a cure from ET-related brain research.

Eligible donors will have been diagnosed with essential tremor by a physician, would not have any other neurological diagnoses (eg. Dystonia, torticollis, Parkinson's disease), would be ages 70 and older, and had not had Deep Brain Stimulation surgery or any other surgical intervention.

### Brain Tissue Donation Will Not

- Disfigure a body. An open casket funeral is possible.
- Delay the funeral.
- Cost anything but the price of a phone call and a few hours.

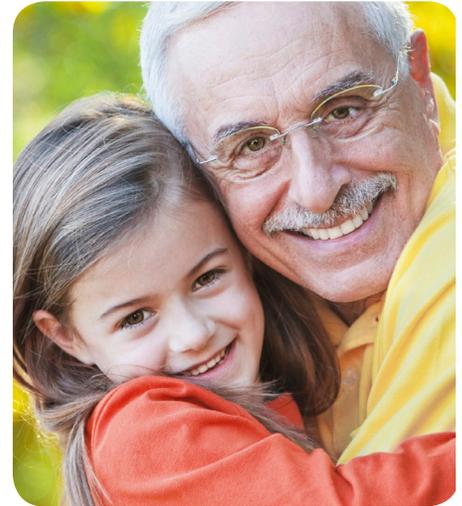
### Brain Tissue Donation Will

- Increase medical knowledge of ET.
- Offer hope in finding the cause(s) of ET.
- Result in better prescription drug treatment.
- Lead the way in finding a cure for ET.
- Be the most precious gift you give to your children, grandchildren, and future generations.

## How and When Do I Decide?

This is a personal decision. If you are considering a brain tissue donation, then we do recommend the following steps:

- Call the **Essential Tremor Centralized Brain Repository** for more information.
- Discuss options with those whom you love and respect.
- Make your decision on your timetable.
- Make your decision known to loved ones.
- Put your decision in writing as an advance directive, separate from your will.



*The majority of the world religions approve of organ donations that advance medical knowledge and improve quality of life.*

## For More Information, Contact:

**The Essential Tremor  
Centralized Brain Repository  
Yale University, New Haven, CT**  
**Phone: 203.785.5301**  
**Email: [tremor@yale.edu](mailto:tremor@yale.edu)**



International  
Essential Tremor  
Foundation

*Your Voice for Essential Tremor*

The mission of the International Essential Tremor Foundation (IETF) is to provide global educational information, services and support to children and adults challenged by essential tremor (ET), to their families and health care providers, as well as to promote and fund ET research.